



Sacred Heart

C a t h o l i c C h u r c h

4087 West Broadway • Robbinsdale, MN 55422

Phone: 763-537-4561

Formed in His Heart, Serving with His Heart

Sunday Mass Times

Saturday Vigil:

5:00 PM Mass of Anticipation

Sunday — The Lord's Day:

8:00 AM Mass

10:00 AM Mass

(Child Care Available)

11:35 AM Latin Mass

(1962 Missal)

Daily Mass Times

Monday:

8:00 AM Communion Service
followed by Lauds/Morning Prayer

Tuesday — Saturday:

8:00 AM Mass

followed by Lauds/Morning Prayer

Holy Day Mass Times

Consult the bulletin

Penance and Reconciliation

Tuesday — Saturday Morning:

7:30 — 7:50 AM

Saturday Afternoon:

4:00 — 4:45 PM

Or by appointment

Eucharistic Adoration

Thursdays in the

Sacred Heart Chapel:

8:35 AM — 8:00 PM

Parish Office Hours

Monday — Friday:

8:00 AM — 4:30 PM

Wednesday Evening:

5:00 — 8:00 PM

(October — April)

Sunday Mornings:

8:30 — 11:30 AM

Parish Web Site

www.shrmn.org

Parish Phone: 763-537-4561

Sacred Heart Catholic School

Daycare, Pre-K through 8th grade
4050 Hubbard Avenue North
Robbinsdale, MN 55422

School Web Site

sacredheartschoolrobbinsdale.org

School Phone: 763-537-1329

April 30, 2017



3rd SUNDAY OF EASTER

Then the two recounted what had taken place on the way
and how he was made known to them in the breaking of
bread. —Lk 24:35

Parish Directory

Phone: 763-537-4561
 General Email: cshadmin@shrmn.org

Worship

Priest, Fr. Bryan J.B. Pedersen.....ext. 101
 fr.bpedersen@shrmn.org
 Deacon, Dr. James Ramsey.....ext. 135
 jramsey@shrmn.org
 Music, Jeffrey Patry.....ext. 109
 jpatry@shrmn.org

Faith Formation

Director, Bunny Brouillard.....ext. 105
 bbrouillard@shrmn.org
 Youth & Young Adults, Confirmation
 Matthew Kruc.....ext. 104
 mkruc@shrmn.org
 Sunday School, Bunny Brouillard....ext. 105
 bbrouillard@shrmn.org
 Sunday Child Care, Terri Fleck.....ext. 105

Pastoral Care

Priest, Fr. Bryan J.B. Pedersen.....ext. 101
 fr.bpedersen@shrmn.org
 Deacon, Dr. James Ramsey.....ext. 135
 jramsey@shrmn.org

Parish Administration

Bus. Admin., Rollie Brouillard.....ext. 102
 rbrouillard@shrmn.org
 Bookkeeper, Janelle Robanext. 106
 jroban@shrmn.org
 Facility Manager and Maintenance
ext. 127
 Admin. Asst. Facility Scheduling, Office
 Darlene Doranext. 100
 ddoran@shrmn.org
 Admin. Asst. General Office
 Rhonda Kuchinski.....ext. 100
 Sunday Admin Asst.
 Diane Yazvec.....ext. 100
 Marlene De Otis.....ext. 100

Sacramental Records
 Bunny Brouillard.....ext. 105
 bbrouillard@shrmn.org

School

Main Office: 763-537-1329
 Principal, Karen Burse.....ext. 121
 kburse@sacredheartschoolrobbinsdale.org
 Advancement, Admin. Asst.
 Pat Moore.....ext. 123
 pmoore@sacredheartschoolrobbinsdale.org
 Admin. Asst. Records,
 Sarah Bowback.....ext. 120
 sbowback@sacredheartschoolrobbinsdale.org

The Church of the Sacred Heart is served by the clergy of the Archdiocese of Saint Paul and Minneapolis

Priest Staff: Fr. Bryan J.B. Pedersen
Deacon: Dr. James Ramsey

Pastor's Page | Fr. Bryan J.B. Pedersen

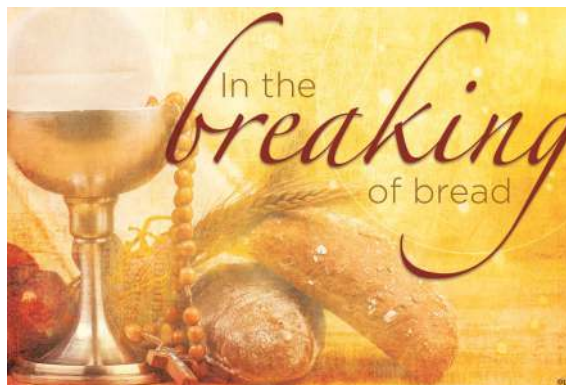


The season of Easter provides ample opportunities to celebrate the sacraments. At the Easter Vigil, held on the night of April 15th, in addition to the celebration of the Eucharist, Baptism was conferred upon Aaron Newby. Along with Aaron Newby, Amanda Walker, already baptized in the Baptist Church, made a Profession of Faith thus formally joining the Catholic Church. Both Aaron and Amanda received the sacrament of Confirmation that night along with Yolanda Granados, a baptized Catholic who had not previously been catechized or confirmed. Together, after being confirmed, all three made their First Holy Communion at the Easter Vigil.

This last Sunday afternoon during the 10 AM Mass an entire family was received into the Catholic Church. Their journey as a family to become baptized members of the Catholic Church came by way of Olivia Berry, the eldest daughter who almost four years ago came to Sacred Heart Catholic School in Kindergarten. Her desire for Baptism and Holy Communion led her parents to seek instruction and sacramental preparation for her, and her younger sister Sylvana, who is currently in Kindergarten at Sacred Heart Catholic School. Her parents brought them to a special weekly evening class taught over several months by Rosemary Kaisershot. In the course of those many meetings Olivia and Sylvana's parents, Reedus Berry, who had not previously been baptized, and his wife Regina Berry, who had already been baptized all made the decision to enter the Catholic Church together. What a great blessing it was to confer and witness the Berry's receiving the life giving sacraments of Initiation, Baptism, Confirmation, and the Holy Eucharist on Divine Mercy Sunday.

This Sunday, at the 11:30 Latin Mass, Sean & Devon Raskie will be receiving their First Holy Communion.

Still to come will be the celebration of First Holy Communion for our second grade students on Sunday May 7th at the 10 AM Mass, and the conferral of Confirmation by one of the Bishops at the Basilica for our tenth grade students on Monday May 15th. Please pray for all who will be receiving the Sacraments of Initiation in this great season of Easter.



Sacred Heart Catholic School



3rd Annual Gala—With Community Comes Unity

Wow! Once again words cannot begin to express the gratitude we have for the community and guests that helped us celebrate and support Sacred Heart Catholic School at the Gala. Thank you so much for your attendance and all the fun you added to the event. Thank you especially, to our hosts Mr. Bud Heifort and Mayor Regan Murphy; they brought the house down, entertaining everyone.

Thank you for so much for your support.

Gala Committee Chairs,

Gwen Conzemius

Maureen Finley

Katie Gooley

Erin Gregoria

Pat Moore

Amanda Olson

Sarah Svien

Sara Worthington

School Advisory Council

Are you a Leader? Do you have children at Sacred Heart Catholic School and time to give back to the School? If so, we would like to get to know you! Currently the SHCS School Advisory Council (SAC) is looking for new members!

What We Are: The SAC is an advisory Leadership Council that assists the Principal and Pastor in sustaining and building a stronger school.

Who We Are: Parent volunteers with children enrolled at Sacred Heart.

What We Do: We help to foster faith development and help advance the school community. We assist the Principal in helping to set policy in many areas including: Advancement, Education Programs, Finance, School Policy, and Strategic Planning. Please contact Kris Gates for more information (klgate76@gmail.com).

Register for the 2017-2018 School Year

Registration is now open for Preschool-8th grade. Forms are available on our website. To arrange for a personalized tour or shadow visit, please contact our school office at 763.537.1329 or email Karen Bursey kbursey@sacredheartschoolrobbinsdale.org

Calendar

May 1-5 Teacher Appreciation Week

May 5 Plant Sale Pick up 9:00-4:00 pm

May 7 1st Communion

Like our Facebook Page - [Sacred Heart Catholic School Robbinsdale, MN Alumni/Parent](https://www.facebook.com/SHCSRobbinsdale)

<http://www.facebook.com/SHCSRobbinsdale>

To Join Sacred Heart Parish

If you are new to our community, or have been attending Mass here but have not yet joined Sacred Heart call 763-537-4561 or stop in the parish office to register.

Sacrament of Initiation — RCIA (Rite of Christian Initiation for Adults)

To join the Catholic Church call Bunny Brouillard in the Parish Office.

Sacrament of Baptism for Infants and Children (RCIC)

Baptism for Infants and young Children is celebrated on the first & third Sundays of the month at 1 PM. Pre-Baptism Class meets on the second Tuesday of the month at 7 PM. To make arrangements call Bunny Brouillard in the Parish Office.

Sacrament of Confirmation

If you are in High School or an Adult who has yet to receive Confirmation contact Matt Kruc or Bunny Brouillard in the Parish Office to make arrangements.

Sacrament of Holy Communion

If you or your child have not yet made your First Holy Communion contact Bunny Brouillard. If you are shut in and would like to receive Holy Communion contact Deacon Ramsey to make arrangements

Sacrament of Penance

See the schedule for confessions or contact Fr. Pedersen to make an appointment. To receive instruction on making a first confession contact the Parish Office.

Sacrament of Anointing

To make arrangements to receive the Sacrament of the Sick or Last Rites contact the Parish Office.

Sacrament of Marriage

Registered Parishioners should call Father Pedersen or Deacon Ramsey at least 8 months in advance of the wedding date to make arrangements.

Sacrament of Holy Orders

Catholic Men contact Fr. Pedersen or Deacon Ramsey for more information on joining the Diaconate or Priesthood.

Sunday School

Open to children ages 3 years through Kindergarten. Meets during the 10 AM Mass October through April. Please call Bunny Brouillard in the Parish Office.

Religious Education

For students grades 1 through 12. Meets Wednesday evening 6:45pm—8pm, October through April. Please call Bunny Brouillard or Matt Kruc in the Parish Office.

Mass Intentions

APRIL

Sun. 30 8:00 AM Hilaria Jost+
10:00 AM Parishioners
11:35 AM Rev. John Timothy Power+

MAY

Mon. 1 8:00 AM Communion Service
Tues. 2 8:00 AM Mary Jane Farley+
Wed. 3 8:00 AM Jane Wojack+
Thu. 4 8:00 AM Mike Doran+
Fri. 5 8:00 AM Mary Whiting+
Sat. 6 8:00 AM Virginia Gooley+
5:00 PM William Hannan Jr.
Sun. 7 8:00 AM Pearl Hoemberg+
10:00 AM Parishioners
11:35 AM Michael Novicki+

Liturgical Ministers

May 2-6, 8:00 AM Mass

Altar Servers

May 2- Mark Thibault, Ellen Antoine
May 3- Nora Conzemius, Cadence Haines
May 4- Tommy Heifort, Eli Hippen
May 5- Molly McDyre, Gable Thissen
May 6- Jacob Dalland, Xavier Salazer

Saturday, May 6, 5:00 PM Vigil Mass

Altar Servers: Molly and Mitchell McDyre, Caden Wall

EMHC: Karen Krussow, Beth & Keli Hippen-

Lector: Dave Krussow

Sunday, May 7, 8:00 AM Mass

Altar Servers: Maya Mash, Grace Sticha, Lily Wilson

EMHC: Mary Glynn, Debra & Peter Krych, Stuart Culver

Lector: Andy Rusinko

Sunday, May 7, 10:00 AM Mass

Altar Servers: Caden Thissen, Cadence Haines, Lucas Patterson

EMHC: Mary Bloom, Lorraine Dalland, Stephen Thibault, Bill Daugherty

Lector: Mary Daugherty

Money Counters, May 7, 9:00AM

Peggy Bonicatto, Becky Haapanen



Faith Formation

First Communion Practice

Practice for First Communion will be on **Tuesday May 2** at 6:30 PM in the Main Church. If you have any questions, please call Bunny in the Parish Office. 763-537-4561 or email at bbrouillard@shrmn.org



PRE-BAPTISM CLASSES

Pre-Baptism Classes are offered at Sacred Heart on the Second Tuesday of the month. All parents are required to attend a pre-baptism class before the Baptism of their first child or if it has been over three years since they last attended a pre-baptism class. Our next scheduled session is Tuesday May 9 at 7pm in the Activities Building. If you plan to attend this session, please call the Parish Office 763-537-4561.

Music Ministry

Saturday, May 6 5:00 PM – Join the Sacred Heart Ensemble as they play for the 5:00 Liturgy at the **Basilica of Saint Mary, Minneapolis**. They will be the featured ensemble for the evening Mass. Continue your celebration of Easter with great music from the Basilica!

Thursday, May 11 12:30 PM – Join Organist Jeffrey Patry in an organ recital at **St. Barnabas Lutheran Church, 15600 Old Rockford Road, Plymouth, MN 55446**. This 30 minute recital will feature festive music for the Easter Season. All are welcome!



The Northstar Consort– May 6 at 8PM at Sacred Heart

The Northstar Consort, a new chorus and orchestra based here at Sacred Heart, will be having their debut performance on May 6 at 8pm with a program titled "The Kiss of Peace" that features several works for chorus and orchestra. A silent auction will precede the concert by one hour. Tucker Moore, a musician and parishioner here, is conducting the ensemble of 40 local musicians. Tickets are available at the door, after masses on the 22nd & 23rd or at The Northstar Consort Dot Org.

Parish Organizations

Respect Life Ministry

Rachel's Vineyard Twin Cities' Be Renewed By God's Mercy. Pope Francis said, "Let's not forget that God forgives and God forgives always." If you or someone you love is grieving the loss of a child or children to abortion, come and experience the compassionate mercy of Jesus Christ on our weekend retreat. retreats are open to anyone impacted by abortion - women, men, grandparents, siblings and health care professionals. The next retreat is May 12-14, 2017 in the Twin Cities area. For more information contact Nancy at rachels@rvineyardmn.org, call 763.250.9313, or visit www.rvineyardmn.org. Registrations are kept in the strictest confidence and privacy. "For I know the plans I have for you, says the LORD, plans for welfare and not for evil, to give you a future and a hope." - Jeremiah 29:11

Robbinsdale Women's Center "Life Is Beautiful" Walk for Life!

Saturday, May 13, 2017, 9:00 - 11:00 am, Clifton E. French Park Visitor Center
12605 Rockford Road, Plymouth, MN 55441

This two-mile walk trail goes by scenic Medicine Lake starting at the visitor center in French Park and is designed for all ages. Kids will enjoy face painting, a balloon twister, playground and fire truck. Strollers, dogs on leashes and wheelchairs are welcome. Invite friends and family to sponsor you or to join the "Sacred Heart Walking Team" led by Andy Rusinko!

To donate online go to <http://www.fundeasy.com/m/3341306>. Questions call Andy or Carol R. at 763-533-8809.

Abria's "Life is Wonderful", Family Fun Run/Walk & 5K!

Saturday, May 13 – Mother's Day Weekend-9am to Noon
Upper Landing Park, St. Paul

Questions? Call Jess at 612-275-9394 or email jess@abria.org us today at (651) 695-

Positive, pro-life event for the whole family! Great food, Live band and DJ

Craft tent and other activities for kids

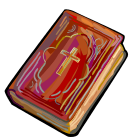
APRIL ANNIVERSARY CONGRATULATIONS

Please keep the following couples and their intentions in your prayers:



Marty & Marilyn Coughlin 64 years
Doug & Kathy Williams 46 years
Charlie & Nancy Knaeble 45 years
Wayne & Jeanne Shellum 42 years
Tom & Maryann Wysocki 41 years
Tom & Diana Weiss 36 years
Joseph & Patricia Palacheck 31 years
Brian & Becky Haapanen 30 years

May God continue to bless you and keep you strong in your vocation of marriage!
These amazing marriages are being brought to you by the "Survived 25 Club".
If you would like your marriage of 25 years or more recognized, please call Anne Hedlund 763-535-4275 or Laurel Murry 763-535-4101.



LECTOR VOLUNTEERS NEEDED FOR MASS: This ministry proclaims the Liturgy of the Word at weekday or weekend masses. Opportunities are available for those with or without experience. Coaching materials with training are provided and the commitment of time is very manageable. To learn more, please contact the Parish Office or Dave Krussow at 763-535-3023.

Calendar of Events

Sunday, April 30– 3rd Sunday of Easter, 2nd Sunday after Easter, Trad.

8:00 AM Mass: Fr. Pedersen
10:00 AM Mass: Fr. Pedersen
10:00 AM Sunday School
10:00 AM Child Care
11:35 AM Latin Mass: Fr. Pedersen
2:00 PM Northstar Consort Rehearsal

Monday, May 1–St. Joseph the Worker

8:00 AM Communion Service

Tuesday, May 2– St. Athanasius 373

7:30 AM Confession: Fr. Pedersen
8:00 AM Mass: Fr. Pedersen
7:00 PM Handbell Ensemble Rehearsal—Caf.
7:00 PM Random Spirits Rehearsal— Church

Wednesday, May 3– Sts. Philip 61 & James the Less 62, St. Juvenal 376, Trad.

7:30 AM Confession: Fr. Pedersen
8:00 AM Mass: Fr. Pedersen
2:15 PM Open Youth Room
6:30 PM Home & School
7:00 PM Chancel Choir Rehearsal Choir Room
8:00 PM Youth Core Team

Thursday, May 4– St. Monica 387, Trad.

7:30 AM Confession: Fr. Pedersen
8:00 AM Mass: Fr. Pedersen
8:35 AM – 8:00 PM Eucharistic Adoration
2:15 PM Cherub Choir Rehearsal & Junior Choir Rehearsal—Church

Friday, May 5–St. Pius V 1572, Trad.

7:30 AM Confession: Fr. Pedersen
8:00 AM School & Parish Mass: Fr. Pedersen
6:00 PM Northstar Consort Rehearsal-Church

Saturday, May 6– St. Evodius 64, Hist.

7:30 AM Confession: Fr. Pedersen
8:00 AM Mass: Fr. Pedersen
8:30 AM Parents Prayer Group— Church
4:00 PM Confessions
5:00 PM Mass
8:00 PM Northstar Consort Concert

Sunday, May 7–4th Sunday of Easter, 3rd Sunday after Easter, Trad.

8:00 AM Mass: Fr. Pedersen
10:00 AM Mass: Fr. Pedersen—
First Communion
10:00 AM Child Care
11:35 AM Latin Mass: Fr. Pedersen
6:00 PM Men's Club Meeting— Marian Rooms

Parish Prayer Line

To be placed on the prayer line call Michele at 763-717-0444. You can also send in your request via e-mail: cshadmin@shrmn.org

Appointed Sunday Readings

Third Sunday of Easter-April 30, 2017

First Reading: "God raised this Jesus; of this we are all witnesses. Exalted at the right hand of God, he received the promise of the Holy Spirit from the Father and poured him forth, as you see and hear." (Acts 2:32-33)

Psalms: Lord, you will show us the path of life. (Ps 16)

Second Reading: He was known before the foundation of the world but revealed in the final time for you, who through him believe in God who raised him from the dead and gave him glory, so that your faith and hope are in God. (1 Pt 1:20-21)

Gospel: They set out at once and returned to Jerusalem where they found gathered together the eleven and those with them who were saying, "The Lord has truly been raised and has appeared to Simon!" Then the two recounted what had taken place on the way and how he was made known to them in the breaking of bread. (Lk 24:33-35)

Latin Mass Sunday Readings

Second Sunday After Easter-April 30, 2017

Epistle - Dearly beloved, Christ suffered for us,... (St. Peter, 2. 21-25)

Gospel – At that time Jesus said to the Pharisees: I am the Good Shepherd... (St. John, 10.11-16)

Appointed Daily Readings

Monday, May 1—Saturday, May 6

Monday: Acts 6:8-15/Ps 119:23-24, 26-27, 29-30/Jn 6:22-29 **Joseph the Worker:** Gn 1:26--2:3 or Col 3:14-15, 17, 23-24/Ps 90:2-4, 12-14, 16/Mt 13:54-58

Tuesday: Acts 7:51--8:1a/Ps 31:3cd-4, 6, 7b, 8a, 17, 21ab/Jn 6:30-35

Wednesday: 1 Cor 15:1-8/Ps 66:1-3a, 4-7a/Jn 14:6-14

Thursday: Acts 8:26-40/Ps 66:8-9, 16-17, 20/Jn 6:44-51

Friday: Acts 9:1-20/Ps 117:1bc, 2/Jn 6:52-59

Saturday: Acts 9:31-42/Ps 116:12-17/Jn 6:60-69

Prayers of the Faithful

Please remember in your prayers

Those Who Are Ill: Tom Ambrose, Betty Durant

Those Serving in Our Armed Forces: Chad Tatur, Barbara J. Hoeben, John F. Landolt III, Philip Aubart, Sam Dahlgren-Castilla, Daniel Arnold, Justin Rathbun, Shannon Gregory, John Aubart, Joey Eckman, Joseph Mash, Liam Gregory, Jordan Reese, and Andrew Gladitsch

Those Who Have Died Recently:

Bruce Johnston, John Peluf, Alvina Munsinger

Administration

Stewardship

For Weekly Contribution Information:

Contact Rollie Brouillard in the Parish Office.

Council of Catholic Women

Sacred Heart Treasure Hunt (aka Rummage Sale)

Sacred Heart Activities Building

DROP-OFF/SORT DAYS: Wed., May 17, 8:30 to ... & Thurs., May 18.

All women and men are welcome—an hour or two. Sort, visit, maybe find a treasure? Many hands make light work! Pre-Sale Event: Thursday, May 18, 3 – 7 pm, \$5 at the door—gives you the chance to shop before the doors open to the public. Refreshments will be served.

Sale: Friday, May 19, 8:30 am – 6 pm

Bag Day: Saturday, May 20, 9:00 am – 12 pm, \$5 per bag

Clean up: Sat., May 20, Noon to 1pm, Help! Help! Help! especially men!

Sponsored by the Sacred Heart Council of Catholic Women

Great opportunity to purchase gently used clothing, household items, and antiques at remarkable prices. All proceeds go to charitable organizations.



Sweet Treats Sale

The SHCCW will be selling delicious baked goods the weekend of May 13 & 14 after all the Masses. Donations may be brought to Sacred Heart on Saturday, May 13 after 4PM and Sunday, May 14 after 7:30AM.

MEN'S CLUB — Catholic Watchmen Update

Upcoming Men's Club Events:

Tuesday, May 16: Catholic Watchmen Rally at Holy Name of Jesus, Medina. (6:30 -9pm)

Sacred Heart Men are invited to the May Catholic Watchmen Rally. Fr. John Echert (Pastor of Holy Trinity, South Saint Paul) will speak on **Fathers Leading Families in the Faith: The Biblical Perspective Applied to Today**. There will also be Benediction with Bishop Cozzens.

This Catholic Watchmen Rally is an opportunity for men to draw closer to Jesus Christ and invest in fellowship with other men. There will be time for Adoration and Confession. Dinner will be provided.

A free-will offering will be collected

For those interested, we will meet at Sacred Heart at 6 pm to car pool.

Sunday, May 21: Sacred Heart Men's Club Annual Meeting. (SH Marion Rooms, 6 pm)

All men of the parish are invited to join us for Men's Club annual meeting. We will discuss our plans for the upcoming year and review activities of the last year. A light meal will be provided.



Parents, Grandparents and Godparents for the Sacred Heart of Jesus Cenacle

As parents, grandparents, and godparents, we believe that praying for our children, grandchildren and godchildren, is one of the best ways we can impact their lives. So whether your child is young or young at heart, we will ask God to guide them in the ways of faith, that he will bless their health, and guide their way of life. Our group trusts in God and we acknowledge Him as being present in our lives and in the lives of our children. Our hope is that our prayers will help all children, that we love and care about, to see how God is present in their lives. Please join us for Mass on Saturday May 6 at 8:00am, followed by a Rosary at the Altar of Our Lady.

GOSPEL MEDITATION - DEEPER UNDERSTANDING OF SCRIPTURE

"Jesus himself drew near and walked with them, but their eyes were prevented from recognizing him." The disciples on the road to Emmaus had already heard reports about Jesus' resurrection. It was at the forefront of their minds, but in spite of this, they did not recognize Jesus when he stood right before them.

Why not? Perhaps because they weren't looking for him. Maybe they didn't really believe that he was alive. Or it could be that his appearance was not the same as it had been before. Whatever the case, it's very interesting to learn that it was actually while celebrating the Eucharist that these men finally realized who was right there with them! "He was made known to them in the breaking of bread." Living as we do some two thousand years later, it is easy to imagine that recognizing Jesus was a snap for those who walked the earth when he did. We can run the risk of feeling sorry for ourselves that we don't get to see Jesus in person they way THEY did. But look here! It was through the Eucharist that Christ was made known to them, and we too have that gift right in front of us. We celebrate every week the same "breaking of bread" at the altar during Mass. Jesus is present with us, body, blood, soul, and divinity, even if we don't recognize him! He is there, present in our midst.

If our eyes of faith are feeble, we can pray that the Lord will help us to know his presence in the Eucharist. Just as he came to comfort and accompany his first disciples, he wants to do the same for us through the Most Blessed Sacrament. We only need to be sure that we are always on the lookout to find him in our midst.

WHY DO WE DO THAT? - CATHOLIC TRADITIONS EXPLAINED

Question:

Is it true that Catholics have to go to confession at least once a year?

Answer:

Paragraph #1457 of the "Catechism of the Catholic Church" teaches us that "each of the faithful is bound by an obligation faithfully to confess serious sins at least once a year." The obligation to confess applies only to serious sin; if one practices one's faith sincerely, receives the sacraments, prays daily, strives to be holy, and is unaware of any serious sin, one would not be obligated to go to confession. Paragraph #1458 goes on, however, to encourage people to confess venial sin and to view the sacrament as another tool in the struggle to grow in faith through the formation of conscience. Like any exercise, when we get out of the habit, it is more difficult to return to the practice. Athletes understand how important daily practice is. It is the same for those who do physical therapy to recover from an injury. In the same way, the regular practice of one's faith makes it easier to develop a deeper relationship with God. Examining one's conscience and honestly looking at oneself daily, helps a person understand the need for celebrating the sacrament of penance, even more than once a year.

News From Other Sources

Centennial Celebration of Our Lady of Fatima and 70th Archdiocesan May Family Rosary Procession Sunday May 7, 2017

As a public witness to our Catholic Faith during this month of May dedicated to our Blessed Mary, come with family and friends to the annual May Family Rosary Procession in St. Paul on Sunday May 7. Archbishop Bernard A. Hebda will lead us in the procession. Assemble at the State Capital at 1:30PM. The procession to the Cathedral begins at 2PM. Those who cannot walk the Procession route may go directly to the Cathedral to pray the Rosary with those who are in procession via a speaker system.

A Saint John's School of Theology and Seminary Theology Day

What is the church's place in an increasingly secular, pluralistic society? Is it our mission to be in control as a way to advance the kingdom of God? If not, how do we bring about just, humane structures and policies in society? To address such questions we will engage in a theological reflection on power and its relation to love and control. Our reflection will be informed by the character of God's power as revealed in Scripture and the person of Christ. It will also consider Vatican II's Constitution on the Church in the Modern World, Decree on Religious Liberty, the example of Pope Francis, and the exercise of power in the church. **May. 11th, check-in from 6:00 p.m. to 6:30 p.m. and presentation from 6:30 p.m. to 9 p.m., Saint Joseph the Worker Catholic Church, Maple Grove, MN.** Free event. Light refreshments provided. Registration is required: www.csbsju.edu/sot/theology-day, 320-363-3560 or sot-sem@csbsju.edu.