



Sacred Heart

C a t h o l i c C h u r c h

4087 West Broadway • Robbinsdale, MN 55422

Phone: 763-537-4561

Formed in His Heart, Serving with His Heart

March 12, 2017

Sunday Mass Times

Saturday Vigil:

5:00 PM Mass of Anticipation

Sunday — The Lord's Day:

8:00 AM Mass

10:00 AM Mass

Child Care Available)

11:35 AM Latin Mass

(1962 Missal)

Daily Mass Times

Monday:

8:00 AM Communion Service

Lauds/Morning Prayer following

Tuesday — Saturday:

8:00 AM Mass

Lauds/Morning Prayer following

Holy Day Mass Times

Consult the bulletin

Penance and Reconciliation

Tuesday — Saturday Morning:

7:30 — 7:50 AM

Saturday Afternoon:

4:00 — 4:45 PM

Or by appointment

Eucharistic Adoration

Thursdays in the

Sacred Heart Chapel:

8:35 AM — 8:00 PM

Parish Office Hours

Monday — Friday:

8:00 AM — 4:30 PM

Wednesday Evening:

5:00 — 8:00 PM

(October — April)

Sunday Mornings:

8:30 — 11:30 AM

Parish Web Site

www.shrmn.org

Parish Phone: 763-537-4561

Sacred Heart Catholic School

Daycare, Pre-K through 8th grade

4050 Hubbard Avenue North

Robbinsdale, MN 55422

School Web Site

sacredheartschoolrobbinsdale.org

School Phone: 763-537-1329



2nd SUNDAY OF LENT

While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." —Mt 17:5

Parish Directory

Phone: 763-537-4561
General Email: cshadmin@shrmn.org

Worship

Priest, Fr. Bryan J.B. Pedersen.....ext. 101
fr.bpedersen@shrmn.org
Deacon, Dr. James Ramsey.....ext. 135
jramsey@shrmn.org
Music, Jeffrey Patry.....ext. 109
jpatry@shrmn.org

Faith Formation

Director, Bunny Brouillard.....ext. 105
bbrouillard@shrmn.org
Youth & Young Adults, Confirmation
Matthew Kruc.....ext. 104
mkruc@shrmn.org
Sunday School, Bunny Brouillard....ext. 105
bbrouillard@shrmn.org
Sunday Child Care, Terri Fleck.....ext. 105

Pastoral Care

Priest, Fr. Bryan J.B. Pedersen.....ext. 101
fr.bpedersen@shrmn.org
Deacon, Dr. James Ramsey.....ext. 135
jramsey@shrmn.org

Parish Administration

Bus. Admin., Rolie Brouillard.....ext. 102
rbrouillard@shrmn.org
Bookkeeper, Janelle Robanext. 106
jroban@shrmn.org
Facility Manager and Maintenance
Jon Tupy.....ext. 127
jtupy@shrmn.org
Admin. Asst. Facility Scheduling, Office
Darlene Doranext. 100
ddoran@shrmn.org
Admin. Asst. General Office
Rhonda Kuchinski.....ext. 100
Sunday Admin Asst.
Diane Yazvec.....ext. 100
Marlene De Otis.....ext. 100

Sacramental Records

Bunny Brouillard.....ext. 105
bbrouillard@shrmn.org

School

Main Office: 763-537-1329
Principal, Karen Bursey.....ext. 121
kbursey@sacredheartschoolrobbinsdale.org
Advancement, Admin. Asst.
Pat Moore.....ext. 123
pmoore@sacredheartschoolrobbinsdale.org
Admin. Asst. Records,
Sarah Bowback.....ext. 120
sbowback@sacredheartschoolrobbinsdale.org

The Church of the Sacred Heart is served by the clergy of the Archdiocese of Saint Paul and Minneapolis

Priest Staff: Fr. Bryan J.B. Pedersen
Deacon: Dr. James Ramsey

Pastor's Page | Fr. Bryan J.B. Pedersen



A Dispensation for March 17th—St. Patrick's Day

Many of you have probably heard that Archbishop Hebda has made some special provisions in our Archdiocese for St. Patrick's Day. Some are calling the Corned Beef and Cabbage Indult. I would like to share with you the letter we priests received from the Chancery concerning this dispensation.

To the clergy, consecrated women and men and lay faithful of the Archdiocese:

Soon we will be entering into the liturgical season of Lent. In these solemn forty days, we will look to the example of Christ who overcame the deceptions of the Tempter during his forty days in the desert. In Pope Francis' message for Lent this year, he reminds us that "Lent is the favorable season for renewing our encounter with Christ, living in His word, in the sacraments, and in our neighbor." It is a penitential season that calls us to spiritual exercises, penitential acts, charitable works, fasting, and almsgiving.

The Church provides norms to help guide us in these practices, primarily in the areas of fasting and abstinence. In particular, Ash Wednesday (March 1, 2017) and Good Friday (April 14, 2017) are days of fasting. Fasting is obligatory for all between the ages of 18-59 who do not have a medical condition in which fasting may be considered harmful. Fasting is defined as limiting oneself to one full meal and two lighter meals, which together do not consist of a full meal.

Moreover, all Fridays of Lent are days of abstinence in the United States. Abstinence is refraining from eating meat for the entire day. The obligation of abstinence is binding on all Catholics who have reached at least 14 years of age.

Pastors and parents are to see to it that their children, even when not bound by the law of fast and abstinence, are educated in an authentic sense of penance and are encouraged to do acts of penance suitable to their age. All members of the Christian faithful are encouraged to do acts of penance and charity during the Lenten season beyond what is prescribed by the law.

As a general rule, a request for a dispensation from the obligation of abstinence on Fridays of Lent will not be considered unless some serious reason is present. It has been noted, however, that Friday of the second week of Lent this year corresponds with St. Patrick's Day (March 17), which has traditionally been an occasion for joy-filled celebrations in this Archdiocese. Having consulted with the Archdiocesan Presbyteral Council [I was at that meeting held in February representing the priests of Deanery 9] and taking into consideration both past practice and present circumstances, and having judged that it would serve the common spiritual good, **Archbishop Hebda has granted to the faithful of the Archdiocese of Saint Paul and Minneapolis, as well as any visitors or travelers who may be physically present within the territory of this Archdiocese, a dispensation from the obligation of abstinence from meat on March 17, 2017.** Those taking advantage of the dispensation, however, are exhorted to undertake a work of charity, an exercise of piety, or an act of comparable penance on some other occasion during the Second Week of Lent.

Sacred Heart Catholic School

Spirit Buddies at Sacred Heart

Our 6th graders helped Pre-K celebrate Dr. Seuss's birthday. Every student in our school has a "buddy" to help build community. They gather to read stories, engage in special holidays or events, write stories, draw, attend mass, or play outside. We love our buddy program!



Register for the 2017-2018 School Year

Registration is now open for Preschool-8th grade. Forms are available on our website. To arrange for a personalized tour or shadow visit, please contact our school office at 763.537.1329 or email Karen Bursey kbursey@sacredheartschoolrobbinsdale.org

Calendar

March 13 Spelling Bee at St. Raphael's (gr. 5-8)
 March 15 SAC meeting, 6 pm
 March 16 Gerten's Plant Sale begins
 March 17 Donuts for Dads (Kindergarten)
 March 17 Mass at 8:00 a.m.
 March 19 Donut Sunday (Gr. 2 hosting)

Like our Facebook Page - [Sacred Heart Catholic School Robbinsdale, MN Alumni/Parent](https://www.facebook.com/SHCSRobbinsdale)
<http://www.facebook.com/SHCSRobbinsdale>

Save the Date: Spring Gala 2017 Friday, April 21st

On Friday, March 17th, St. Patrick's Day, we are serving beer and wine at the Fish Fry.
Lenten Friday Fish Fry Dinner dates: March 17, 24, 31, April 7 from 4:30-7:00 pm
Best Battered Cod & Meatless Spaghetti in Town!

Looking for adults and students to volunteer each Friday. Please call the school office or use [SignUp](#) to volunteer in the dining room, dessert table, or bussing tables.

Become a 2017 Fish Fry Donor

For every case donated, you or your business receive 2 FREE Fish Dinners. Cost: \$60.00. Our goal is to raise funds for 50 cases. Complete the inserted flier and we will make sure you receive your 2 dinner tickets.

To Join Sacred Heart Parish

If you are new to our community, or have been attending Mass here but have not yet joined Sacred Heart call 763-537-4561 or stop in the parish office to register.

Sacrament of Initiation — RCIA (Rite of Christian Initiation for Adults)

To join the Catholic Church call Bunny Brouillard in the Parish Office.

Sacrament of Baptism for Infants and Children (RCIC)

Baptism for Infants and young Children is celebrated on the first & third Sundays of the month at 1 PM. Pre-Baptism Class meets on the second Tuesday of the month at 7 PM. To make arrangements call Bunny Brouillard in the Parish Office.

Sacrament of Confirmation

If you are in High School or an Adult who has yet to receive Confirmation contact Matt Kruc or Bunny Brouillard in the Parish Office to make arrangements.

Sacrament of Holy Communion

If you or your child have not yet made your First Holy Communion contact Bunny Brouillard. If you are shut in and would like to receive Holy Communion contact Deacon Ramsey to make arrangements

Sacrament of Penance

See the schedule for confessions or contact Fr. Pedersen to make an appointment. To receive instruction on making a first confession contact the Parish Office.

Sacrament of Anointing

To make arrangements to receive the Sacrament of the Sick or Last Rites contact the Parish Office.

Sacrament of Marriage

Registered Parishioners should call Father Pedersen or Deacon Ramsey at least 8 months in advance of the wedding date to make arrangements.

Sacrament of Holy Orders

Catholic en contact Fr. Pedersen or Deacon Ramsey for more information on joining the Diaconate or Priesthood.

Sunday School

Open to children ages 3 years through Kindergarten. Meets during the 10 AM Mass October through April. Please call Bunny Brouillard in the Parish Office.

Religious Education

For students grades 1 through 12. Meets Wednesday evening 6:45pm—8pm, October through April. Please call Bunny Brouillard or Matt Kruc in the Parish Office.

Mass Intentions

MARCH

Sun. 12	8:00 AM	Parishioners
	10:00 AM	Jean Shannon
	11:35 AM	Rev. John Timothy Power+
Mon. 13	8:00 AM	Communion Service
Tues. 14	8:00 AM	Betty Rudolph+
Wed. 15	8:00 AM	Fr. John McGrath+
Thu. 16	8:00 AM	Irma Jansen+
Fri. 17	8:00 AM	Donna Gutwiller+
Sat. 18	8:00 AM	Chuck Weber+
	5:00 PM	Mary Whiting+
Sun. 19	8:00 AM	Mary Jane Piazza+
	10:00 AM	Parishioners
	11:35 AM	Bob Maslowski+

Liturgical Ministers

DATES, March 14-18, 8:00 AM Mass

Altar Servers

March 14-Mark Thibault, Ellen Antoine

March 15-Cadence Haines, Nora Conzemius

March 16- Tommy Heifort, Eli Hippen

March 17-Colin and Daniel Finley

March 18-Claire Riestenberg, Xavier Hakes

Saturday, Mar. 18, 5:00 PM Vigil Mass

Altar Servers: Caden Thissen, Eli Hippen, and Mark Thibault

EMHC: Mary and Gerry Mimick, Hope Dorer, Dillon Frye

Lector: To Be Assigned

Sunday, Mar. 19, 8:00 AM Mass

Altar Servers: George Wolf, Caden Wall, and Joey Silva

EMHC: Art and Marilyn Zenzen, Char Alberti

Lector: Cheri Dargis

Sunday, Mar. 19 10:00 AM Mass

Altar Servers: Matthew Gerding, Nick Sticha, and Luke Timmerman

EMHC: Pat Hargreaves, Bob Lind, Julie Harty, Bobbie Ramsey

Lector: Bill Blonigan

Money Counters, Mar. 19, 9:00AM

Rick Riley, Amy Fisher, Kathy Riley, Jean Star-mack

Parish Prayer Line

To be placed on the prayer line call Michele at 763-717-0444. You can also send in your request via e-mail: cshadmin@shrmn.org



Faith Formation

Bishop Robert Barron's Catholicism — The Pivotal players

In our next session Bishop Barron will lead us in considering **Michelangelo – The Artist: Part 1**. A session is scheduled for Tuesday March 21 at 1 PM and repeated at 7 PM.



Fr. Robert Barron's Priest, Prophet, King

The better we understand Jesus, the better we understand ourselves. But

who was Jesus, this itinerant preacher whom many called the Messiah? In Priest, Prophet, King, you'll discover Jesus as the Anointed One—the ultimate priest, prophet, and king foreshadowed throughout the Hebrew Scriptures. Using biblical insights and engaging stories, Father Barron affirms that we see Jesus most clearly through the lens of the Old Testament.

Through this presentation of Priest, Prophet, King you will better understand Jesus, become more familiar with Scripture, and realize your own priestly, prophetic, and kingly mission.

Join us starting March 4/5 after the Saturday 5pm Mass and Sunday 8am and 10am Masses we will explore

March 4/5: Adoration

March 11/12: The High Priest

March 18/19: Challenging False Worship

March 25/26: The Word Made Flesh

April 1/2: Ordering the Kingdom

PRE-BAPTISM CLASSES



Pre-Baptism Classes are offered at Sacred Heart on the Second Tuesday of the month. All parents are required to attend a pre-baptism class before the Baptism of their first child or if it has been over three years since they last attended a pre-baptism class. Our next scheduled session is Tuesday March 14, at 7pm in the Activities Building. If you plan to attend this session, please call the Parish Office 763-537-4561.

Worship

Sunday March 12 4:00 PM – Join the **Caritas Vocal Ensemble** in a concert here at Sacred Heart. These talented singers will present a variety of music that will surely entertain you. **A freewill offering will be taken to benefit Hope 4 Youth.** Please join us for an afternoon of beautiful music!

Thursday, March 23 7:30 PM – The Sacred Heart Chancel Choir invites you to **Holden Evening Prayer for Lent**. This beautiful service will feature Jennifer Thomas on violin and will conclude with Benediction of the Blessed Sacrament. Come and join us for this candlelit service of Evening Prayer in the beautiful setting of Sacred Heart.

Lenten Musical Meditations: Please join us for 20 minutes of meditative music before the Friday Stations of the Cross. Music will begin at 6:40 PM.

Friday, March 17 – Jeffrey Patry, piano & organ

Friday, March 24 – Atsuko Schlough, piano & Jeffrey Patry, organ

Friday, March 31 – Becky Haapanen, flute

Friday, April 7 – Andrea DeOtis, clarinet

Friday, March 31 – Join Jeffrey Patry as he presents **Organ Meditations on the Stations of the Cross**. We will pray the stations through music. Please join us!

Parish Organizations

Respect Life Ministry



40 Days for Life Twin Cities, March 1 thru April 9, 2017

3:00 p.m. Daily pastor-led prayer through April 2 on the Sidewalk in front of **Planned Parenthood Abortion Mill**, 671 Vandalia St, St. Paul, MN 55130. You are also encouraged to come out to pray anytime throughout the day **and pray at the Robbinsdale Abortion Mill, In the parking lot at 3821 West Broadway, Chapel of the Innocent.** Bring your family,

your friends, your rosaries, your chairs! Jesus said, "Where two or more are gathered in my name, I am there." Matthew 18:20

Come and pray every hour, any hour, every day during this **40 Days for Life**.

Mark your calendars:

Jericho March, April 3 – 9, 2017, 3:00 p.m.

Mega-Planned Parenthood, 671 Vandalia Street, Saint Paul, MN 55114

During Lent, our Jericho March around Planned Parenthood begins by marching around the block in silence once a day for six days. The seventh day, we march around Planned Parenthood six times in silence and the seventh time make a lot of noise!

Annual Good Friday Prayer Vigil, April 14, 2017, 8:30am-4:00pm

Planned Parenthood, 671 Vandalia Street, Saint Paul, MN 55114

Area pastors of various denominations will lead those gathered in the reading of Scriptures and prayers, throughout the day.

Council of Catholic Women

Women of the Parish—Mark Your Calendars—Monday March 27, 9 AM

The Next Meeting of the Minneapolis Deaneries Council of Catholic Women will be held at The Church of St. Timothy in Blaine, located at 707 89th Ave. NE. Father Bryan Pedersen, our pastor will be speaker for this event.

SHCCW will pay for the first 10 ladies who register by Monday March 20. Please call Mary Weber at 763-537-3370. Car pool will be available. We will leave Sacred Heart Parking lot at 8 AM.

Are you a woman parishioner? Do you own your own home based business? Would you like to tell other women of the parish about your business? Please contact Renee Buchanan at 763-521-6704 (h) or 763-202-6014 (c) for more information.

MEN'S CLUB — Catholic Watchmen Update

Upcoming Men's Club Watchmen Events:

Saturday, March 18: 2017 Archdiocesan Men's Conference at the University of St. Thomas (8 am to 1 pm). Join men of all ages and walks of life from around the Archdiocese for a morning filled with faith and fellowship. Archbishop Hebda will speak on Lessons from Saint Joseph, the Ultimate Watchman. Archbishop Hebda and Bishop Cozzens will lead a Eucharistic procession around the UST campus from 12 – 1 p.m. The conference also includes: Mass, Breakfast, Dynamic Speakers & Opportunity for Confession. Registration: The Sacred Heart Men's Club has a limited number of spots at a special \$15 per person rate, normally \$25. Contact Tony Bangasser at tnt_bang@msn.com or 612-708-4581 by March 12 for the special rate.

Sunday, April 2nd. Our local Watchmen meeting starting at 6 pm in the Marion Rooms. We will close this meeting with a special question and answer session with Fr. Pedersen.

Calendar of Events

Sunday, March 12

Knights of Columbus Pancake Breakfast

8:00 AM Mass: Fr. Pedersen
9:00 AM Priest, Prophet and King— M. Rooms
10:00 AM Mass: Fr. Pedersen
10:00 AM Sunday School
10:00 AM Child Care
11:00 AM Priest, Prophet and King— M. Rms.
11:35 AM Latin Mass: Fr. Pedersen

Monday, March 13

8:00 AM Communion Service

Tuesday, March 14

7:30 AM Confession: Fr. Pedersen
8:00 AM Mass: Fr. Pedersen
8:30 AM Coffee & Donuts
9:00 AM Home Communion
7:00 PM Handbell Ensemble Rehearsal—Caf.
7:00 PM Random Spirits Rehearsal— Church
7:00 PM Pre-Baptism Class— Conf. Room

Wednesday, March 15

7:30 AM Confession: Fr. Pedersen
8:00 AM Mass: Fr. Pedersen
2:15 PM Open Youth Room
6:00 PM SAC in M-Rooms
6:45 PM Rel. Ed.
7:00 PM Chancel Choir Rehearsal Choir Room
8:00 PM Youth Core Team

Thursday, March 16

7:30 AM Confession: Fr. Pedersen
8:00 AM Mass: Fr. Pedersen
8:35 AM – 8:00 PM Eucharistic Adoration
2:15 PM Cherub Choir Rehearsal & Junior Choir Rehearsal—Church
6:15 PM Pastoral Council Meeting— M. Rms.

Friday, March 17 —St. Patrick's Day

7:30 AM Confession: Fr. Pedersen
8:00 AM School & Parish Mass: Fr. Pedersen
4:30 PM Fish Fry
7:00 PM Stations of the Cross

Saturday, March 18

7:30 AM Confession: Fr. Pedersen
8:00 AM Mass: Fr. Pedersen
4:00 PM Confessions
5:00 PM Mass
6:00 PM Priest, Prophet King— M. Rms.
6:00 PM Middle School Youth Night

Sunday, March 19

Coffee & Donuts Sponsored by Second Grade School & Faith Formation

8:00 AM Mass: Fr. Pedersen
9:00 AM Priest, Prophet and King— M. Rms.
10:00 AM Mass: Fr. Pedersen
10:00 AM Sunday School
10:00 AM Child Care
11:00 AM Priest, Prophet and King— M. Rms.
11:35 AM Latin Mass: Fr. Pedersen
6:30 PM Confirmation

Appointed Sunday Readings

Second Sunday of Lent– March 12

First Reading: "I will make of you a great nation, and I will bless you; I will make your name great, so that you will be a blessing." (Gn 12:2)

Psalm: Lord, let your mercy be on us, as we place our trust in you. (Ps 33)

Second Reading: He saved us and called us to a holy life, not according to our works but according to his own design and the grace bestowed on us in Christ Jesus before time began. (2 Tm 1:9)

Gospel: Then Peter said to Jesus in reply, "Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah." While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him." (Mt 17:4-5)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Latin Mass Sunday Readings

Second Sunday of Lent

Epistle - Brethren: We pray and beseech you in the Lord Jesus that...(Paul to Thess, 4: 1-7)

Gradual - The troubles of my heart are multiplied:....(Ps. 24. 17. 18)

Gospel – At that time Jesus took Peter and James, and John his brother...(Cont. of Matt. 17: 1-9)

Appointed Daily Readings

Monday, March 13—Saturday, March 18

Monday: Dn 9:4b-10/Ps 79:8-9, 11, 13/Lk 6:36-38

Tuesday: Is 1:10, 16-20/Ps 50:8-9, 16bc-17, 21, 23/Mt 23:1-12

Wednesday: Jer 18:18-20/Ps 31:5-6, 14-16/Mt 20:17-28

Thursday: Jer 17:5-10/Ps 1:1-4, 6/Lk 16:19-31

Friday: Gn 37:3-4, 12-13a, 17b-28a/Ps 105:16-21/Mt 21:33-43, 45-46

Prayers of the Faithful

Please remember in your prayers

Those Who Are Ill: Tom Ambrose, Betty Durant, Dave Bonicatto, Christina Greazel, Grace Greazel, Joseph Palacheck

Those Serving in Our Armed Forces: Chad Tatur, Barbara J. Hoeben, John F. Landolt III, Philip Aubart, Sam Dahlgren-Castilla, Daniel Arnold, Justin Rathbun, Shannon Gregory, John Aubart, Joey Eckman, Joseph Mash, Liam Gregory, Jordan Reese, and Andrew Gladitsch

Those Who Have Died Recently:

Sylvia Horbal

Administration

Stewardship

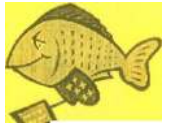
For Weekly Contribution Information:

Contact Rollie Brouillard in the Parish Office.



Lenten Fish Fry Friday Dinner dates

4:30—7:00 PM: March 17, 24, 31, April 7



Looking for adults and students to volunteer each Friday. Please call the school office or use SignUp to volunteer in the dining room, dessert table, or bussing tables.

Become a 2017 Fish Fry Donor. For every case donated, you or your business receive 2 FREE Fish Dinners. Cost: \$60.00. Our goal is to raise funds for 50 cases. Complete the inserted flier and we will make sure you receive your 2 dinner tickets.

Knight of Columbus Pancake Breakfast to benefit Youth Ministry this Sunday March 12.

Join us for our bimonthly fellowship and hospitality Sunday March 19.

Coffee and donuts will be sponsored by the 2nd Grade class of both our School Program and Religious Education Programs, following the 8AM and 10AM Masses.

News From Other Sources

Bingo & Ham Raffle at Immaculate Conception Church & School, Columbia Heights— Sunday March 19. Play bingo for cash from 12:30-3:30PM in the church hall; cards 50 cents each. Snacks and beverages will be available to purchase. Located at 4030 Jackson St. NE. For more information call 763-788-9062 or visit ICCSonline.org

What: Women will have a chance to visit five different religious communities in the Twin Cities area to meet, learn, share meals and pray with Catholic sisters. We will visit local communities of the School Sisters of Notre Dame, Visitation Monastery, Franciscan Poor Clares, Sisters of St. Joseph and Benedictine Sisters at St. Paul's Monastery. For more information or to download a flyer, please visit: <http://www.ssnd.org/events/2016/2/visiting-womens-religious-communities>.

RSVP: To register, please contact Sister Jill Underdahl at junderdahl@csjstpaul.org or 651-696-2873 by March 27. The event is free.

Christianity and Politics in the U.S. Today:

A Conversation with Ross Douthat and Cornel West

April 7, 2017, Reception 5:45 p.m., Program 6:45 p.m.

Woulfe Alumni Hall, University of St. Thomas, St. Paul campus

All are welcome to this free event featuring New York Times op-ed columnist Ross Douthat and professor and political commentator Cornel West. Presented by the University of St. Thomas TERRENCE J. MURPHY INSTITUTE FOR CATHOLIC THOUGHT, LAW, and PUBLIC POLICY with support from the College of Arts and Sciences. Event is filling quickly. Register today: stthomas.edu/murphyinstitute.

Growing in FAITH™

Discovering **hope and joy** in the Catholic faith.

March 2017

Sacred Heart Church
Robbinsdale MN.

One Minute Meditations

St. Dominic Savio

St. Dominic was born to a pious peasant family in Riva, Italy. When he was 12, he joined St. John Bosco's Oratory as a student. There, he founded the Company of the Immaculate Conception to help Don Bosco in his work. Dominic had mystical experiences in prayer but tried to keep them secret. His frail health led to lung problems. He died at home of a lung infection. He is the youngest non-martyr to be canonized.



Hearing God's voice

It can be difficult to "hear" God's voice in today's world, but with some effort, we can learn to recognize it. Read a chapter of the Gospels and listen: a phrase may grab your attention or you may experience peace and joy. Remember, God often speaks to our hearts, not our ears.

"So be imitators of God...and live in love, as Christ loved us and handed himself over for us" (Ephesians 5:1).



Make the most out of Catholic Spring Training

One way to think of Lent is as Spring Training for Catholics. We may come into the season out of top spiritual form but, by working to renew our skills, we can be back in shape by Easter. Strengthening the Cardinal Virtues will help.

Prudence - the thinking virtue. It helps us live wisely in the middle ground between fear and recklessness. For example, we can take out a mortgage to buy a home that's comfortable but we avoid going into excessive debt to impress others. Prudence helps us live with wisdom.

Justice - the "play fair" virtue. We learn early to "play fair" by sharing toys and treats. Fairness is a basic ingredient of justice. Justice thrives when we give

what is due to God and others.

Temperance - the "just right" virtue. It is possible to have too much of a good thing, such as too much food or drink or watching too much television. Temperance, also called "moderation," is the virtue that helps us find the balance. It keeps us from becoming too attached to the world.

Fortitude - the fearless virtue. This virtue helps us to stand firm against fear and hardships and persevere in attaining what is good. Fortitude strengthens our resolve to resist temptation, overcome personal weaknesses, and make sacrifices for what is good.



Why Do Catholics Do That?

The Marks of the Church are that she is "one, holy, catholic, and apostolic." The Church is one because all her members are united in Christ. The Church is holy because she shares in the holiness of Christ. She is catholic because of the

What do Catholics believe are the Four Marks of the Church?

universal mission to spread the Gospel to all people. Finally, the Church is apostolic because she is founded on the teaching of the Apostles, which was handed down to us through their successors, the bishops.

