



Sacred Heart

C a t h o l i c C h u r c h

4087 West Broadway • Robbinsdale, MN 55422

Phone: 763-537-4561

Formed in His Heart, Serving with His Heart, Giving From His Heart

Sunday Mass Times

Saturday Vigil:

5:00 PM Mass of Anticipation

Sunday — The Lord's Day:

8:00 AM Mass

10:00 AM Mass

Child Care Available)

11:35 AM Latin Mass

(1962 Missal)

Daily Mass Times

Monday:

8:00 AM Communion Service

followed by Lauds/Morning Prayer

Tuesday — Saturday:

8:00 AM Mass

followed by Lauds/Morning Prayer

Holy Day Mass Times

Consult the bulletin

Penance and Reconciliation

Tuesday — Saturday Morning:

7:40 — 7:55 AM

Saturday Afternoon:

4:00 — 4:45 PM

Or by appointment

Eucharistic Adoration

Thursdays in the

Sacred Heart Chapel:

8:35 AM — 8:00 PM

Parish Office Hours

Monday — Friday:

8:00 AM — 4:30 PM

Wednesday Evening:

5:00 — 8:00 PM

(October — April)

Sunday Mornings:

8:30 — 11:30 AM

Parish Web Site

www.shrmn.org

Parish Phone: 763-537-4561

Sacred Heart Catholic School

Daycare, Pre-K through 8th grade

4050 Hubbard Avenue North

Robbinsdale, MN 55422

School Web Site

sacredheartschoolrobbinsdale.org

School Phone: 763-537-1329

February 11, 2018



6th SUNDAY IN ORDINARY TIME

A leper came to Jesus and kneeling down begged him and said,
“If you wish, you can make me clean.” Moved with pity, he
stretched out his hand, touched him, and said to him,
“I do will it. Be made clean.” - Mk 1:40-41

Pastor's Page | Fr. Bryan J.B. Pedersen

Sacred Heart Parish Mission Statement

"Sacred Heart Catholic Parish exists to foster a community of disciples in response to the Gospel of Jesus Christ through Worship, Fellowship, Catholic Education and Service"

From the Pastor — written on February 7, 2018



Lent

As you read this we are closing in on the beginning of the Holy Season of Lent. Ash Wednesday falls on February 14th this year. So if Valentine's day is usually a day of penance for you your in luck! Of course the purpose of Lent is preparation for Easter. We are given three primary ways to prepare for Easter during Lent – Prayer, Fasting, and Almsgiving (Charitable Works). Lent involves our whole person – the discipline of the body is a pathway for spiritual growth. St. Theresa of Avila, the 16th century reformer in Spain of Catholic Carmelite nuns once said: **"Our body has this defect that, the more it is provided care and comforts, the more needs and desires it finds."** Of course what we think we need and what we actually need to flourish can be two very distinct things. Second, newly found desires usually don't lead us to God, but often away from him. In light of St. Theresa's wisdom we can look at the season of lent and the discipline of Lent with new eyes. Lenten discipline, especially fasting and abstinence becomes an opportunity to eliminate falsely perceived needs, and alter desires that lead us away from God.

Dr. Pius Parsch, a German priest and theologian active in the Liturgical Movement of the early 20th century compares the discipline of Lent to spring cleaning when he writes:

"Now we can understand why the church has at heart to cleanse herself from the filth that adheres to her garment from the sins of Christians. The soap, the lye and the broom used by the church for this cleansing process is fasting. The dust and dirt accumulated over winter have to be routed. Outside in the gardens, now at the coming of spring, leaves and dry grass have to be raked together and burned. Now in the time of Lent, Mother Church, too, like the housewife and the gardener, is determined to burn up and to rout the dust and trash of our sins. The means she employs are fasting, mortification, abstinence and self-conquest."

With Ash Wednesday around the corner now is the time to make decisions about how to embrace the season of Lent. In making preparation we need to look to all three areas of Lenten practice. The first is prayer – some people will pray the rosary every day during lent, other will come to daily Mass during lent, others will choose to read one of the Gospels during lent. Participate in Bible Study – there is an ongoing study of King David on Tuesdays you might consider, talk to Bunny for more information, it is not too late to join. Any and all of these practices are helpful for growing in prayer. The most important thing we give to God is our time. The second is fasting and abstinence – during the Fridays of Lent we abstain from meat. The same holds true for Ash Wednesday and Good Friday these are required days of abstinence from meat. Ash Wednesday and Good Friday are also required days of fasting, meaning we should only eat one full meal on this day. We can take a couple snacks or petite meals on these days provided it does not equal a full meal. Of course these are minimal expectations. For those who have completed their 60th year the law no longer requires you to fast, nevertheless if you can do this without jeopardizing your health, then fast. We can always do more, and some will fast every day of Lent save Sundays. Or they will follow the ancient practice of fasting on all Wednesdays and Fridays of Lent. There are other ways we can fast. How about fasting on Fridays from your smartphone, the internet, or from Facebook, or from texting, or from chocolate? I would encourage young people especially to look at the area of media and technology as areas where they can enact Lenten discipline. The third practice is almsgiving – this practice means supporting charitable works and actions through our resources and time. For inspiration in area we can look to the corporal and spiritual works of mercy and strive to put them into action.

We are called to all three areas. Let us observe our Lent mindful of all three areas. Making the commitment to pray more, making the commitment to fast from something, and making the commitment to live generously are all paths to a stronger relationship with Jesus. As we make these commitments let us remember not to boast, or to announce what we are doing for the purpose of impressing someone. If Lent is to be a true preparation for Easter, our commitments must be from our hearts.

Appointed Sunday Readings

6th Sunday in Ordinary Time— 2/11/18

First Reading: "If the man is leprous and unclean, the priest shall declare him unclean by reason of the sore on his head." (Lv 13:44)

Psalm: I turn to you, Lord, in times of trouble, and you fill me with the joy of salvation (Ps 32)

Second Reading: Whether you eat or drink, or whatever you do, do everything for the glory of God. (1 Cor 10:31)

Gospel: A leper came to Jesus and kneeling down begged him and said, "If you wish, you can make me clean." Moved with pity, he stretched out his hand, touched him, and said to him, "I do will it. Be made clean." (Mk 1:40-41)

Latin Mass Sunday Readings

Quinquagesima Sunday

Epistle: Brethren: If I speak with the tongues of men and of Angels, and have not charity, ... (1 Corinthians 13 : 1 – 13)

Gradual: Thou art the God that alone dost wonders: ... (Ps. 76 : 15, 16)

Gospel: At that time Jesus took unto Him the twelve and said to them: ... (Lk. 18:31 – 43)

Appointed Daily Readings

Monday, Feb. 12—Saturday, Feb. 17

Monday: Jas 1:1-11/Ps 119:67, 68, 71, 72, 75, 76 [77a]/Mk 8:11-13

Tuesday: Jas 1:12-18/Ps 94:12-13a, 14-15, 18-19 [12a]/Mk 8:14-21

Wednesday: Jl 2:12-18/2 Cor 5:20--6:2/Ps 51:3-4, 5-6ab, 12-13, 14 and 17 [cf. 3a]/Mt 6:1-6, 16-18

Thursday: Dt 30:15-20/Ps 1:1-2, 3, 4 and 6 [40:5a]/Lk 9:22-25

Friday: Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 [19b]/Mt 9:14-15

Saturday: Is 58:9b-14/Ps 86:1-2, 3-4, 5-6 [11ab]/Lk 5:27-32

Prayers of the Faithful

Please remember in your prayers

Those Who Are Ill: Medard Kaisershot, Tom Ambrose, Margaret Willger, Marilyn Gooley-Aunt of Teresa Gooley, Teri O'Neil, James Riley Sr., Bill Cashin

Those Serving In Our Armed Forces: Chad Tatur, Barbara J. Hoeben, John F. Landolt III, Philip Aubart, Sam Dahlgren-Castilla, Daniel Arnold, Justin Rathbun, Shannon Gregory, John Aubart, Joey Eckman, Joseph Mash, Liam Gregory, Jordan Reese, and Andrew Gladitsch, Cathal & Cormac O'Connor

Parish Prayer Line

To be placed on the prayer line call Terri at 612-247-8772. You can also send in your request via e-mail: cshadmin@shrmn.org

Administration

Stewardship



The Summary Report for our Increased Offertory Program – Formed in His Heart, Serving with His Heart, Giving from His Heart have been completed and mailed to all parishioners. Thank you so very much to all who participated in this very important program. Your generosity shows your willingness as faithful stewards to be a part of the ongoing mission of the Church of the Sacred Heart. If you did not have the opportunity to complete a commitment card, you may still do this. Please contact the Parish Office directly.



On this Catholic Services Appeal Commitment Weekend, we are looking forward to partnering with you to love and strengthen our thousands of neighbors who are supported through the 18 Collective Ministries of the Archdiocese. If you have not already done so, please fill out your 2018 pledge form and drop it in the plate or mail it directly to the CSAF processing center using the prepaid envelope you received in the mail from the CSAF. Thank you so much for your continued support of the Catholic Services Appeal!

For Weekly Contribution Information:

Please Contact the Parish Office.

763-537-4561

News From Other Sources

Annulment Consultations

Staff members of the Archdiocesan Metropolitan Tribunal will be available for confidential consultation and to answer questions regarding the investigation into the possibility of nullity of the marriage bond (annulment process) at the Cathedral of Saint Paul on **Ash Wednesday, February 14, 7 a.m. – 7 p.m.** Tribunal staff members will be stationed at the Baptistry and the Founder's Chapel in the Cathedral's narthex. Learn more about the annulment process at archspm.org/tribunal.

2018 Women's Day of Reflection will be on Saturday, February 17th at the St. Alphonsus Parish CSSR Hall, 7025 Halifax Ave. N., Brooklyn Center. **Theme: "A Woman of Purpose (Our Mother Mary)"** **Guest Speaker: Father Matthew Bonk, CSsR.** Mass at 8am. Registration at 8:30am, continental Breakfast, speaker, Rosary and Benediction, followed by luncheon. Tickets are \$15. Deadline is February 11. Tickets may be purchased from the Parish Office or by contacting Jannie at 651-263-4440. Hosted by St. Alphonsus, CCW.

Our **"Take Courage!"** silent weekend retreat for men will be held at Christ the King Retreat Center in Buffalo, MN on Mar 9 – 11. The retreat begins on Friday at 8:00 pm and concludes on Sunday at 12:45 pm. It will be presented by the preaching team of Christ the King Retreat Center. The suggested offering for this retreat is \$160. Join us for a peaceful and prayerful experience. Please call 763-682-1394 for a registration form and more information or register on-line at www.kingshouse.com

Sacred Heart Catholic School



SACRED HEART
CATHOLIC SCHOOL

**Sacred Heart
February 11, 2018**

It is registration time!

Are you looking for a school with a strong foundation in faith and proven academic success? Join us for a personalized tour of our school, where we foster academic excellence and spiritual growth. We have dedicated teachers that engage students in hands-on learning, C-STEM instruction and a school day where the Catholic faith is integrated throughout the day. Please give us a call.

Catholic Schools:

- ✦ Offer an education that combines Catholic faith and teachings with academic excellence.
 - ✦ Have a 99% high school graduation rate, and 85% of our graduates go to college.
 - ✦ Partner with parents in the faith formation of their children.
 - ✦ Instill in students the value of service to others.
- Set high standards for student achievement and work closely with students to help them succeed.



39th Annual

Fish Fry begins February 16th

The Fish Fry dinners provide financial support to our school and we need many volunteers to make this happen each Friday during Lent. Many families volunteer for Lenten service.

We need help in the kitchen on Thursday and Friday evenings, along with dining room servers, bussing tables, dessert table, and the ticket table. Please call the school office if you can help out.

Our Fish Fry menu will remain the same as last year.

Become a 2018 Fish Fry Donor

For every case donated, you or your business receive 2 FREE Fish Dinners. Cost: \$65.00. Our goal is to raise funds for 45 cases. Complete the inserted flier and we will make sure you receive your 2 dinner tickets.

Calendar

- Feb. 13 Non-Uniform Mardi Gras
- Feb. 13 Boys' Wrestling 5:30 pm @ St. Raphaels
- Feb. 13 Girl's Basketball 7:00 pm @ Legacy
- Feb. 14 Ash Wednesday
- Feb. 15 History Day (8th) 9:00-10:00 a.m.
- Feb. 15 Girls' Basketball 6:30 pm @ Ava Maria
- Feb. 16 1st Fish Fry 4:30-7:00 pm
- Feb. 16 Stations of the Cross 12:30 pm

Like our Facebook Page - [Sacred Heart Catholic School Robbinsdale, MN Alumni/Parent](https://www.facebook.com/SHCSRobbinsdale)

<http://www.facebook.com/SHCSRobbinsdale>

Follow us on Twitter - <https://twitter.com/SHCSRobbinsdale>

Parish Directory

Phone: 763-537-4561

General Email: cshadmin@shrmn.org

Worship

Priest, Fr. Bryan J.B. Pedersen.....ext. 101
fr.bpedersen@shrmn.org

Deacon, Dr. James Ramsey.....ext. 135
jramsey@shrmn.org

Music, Jeffrey Patry.....ext. 109
jpatry@shrmn.org

Faith Formation

Director, Bunny Brouillard.....ext. 105
bbrouillard@shrmn.org

Youth & Young Adults, Confirmation
Matthew Kruc.....ext. 104
mkruc@shrmn.org

Sunday School, Bunny Brouillard....ext. 105
bbrouillard@shrmn.org

Sunday Child Care, Terri Fleck.....ext. 105

Pastoral Care

Priest, Fr. Bryan J.B. Pedersen.....ext. 101
fr.bpedersen@shrmn.org

Deacon, Dr. James Ramsey.....ext. 135
jramsey@shrmn.org

Parish Administration

Bus. Admin., Mary Daugherty.....ext. 102
mdaugherty@shrmn.org

Bookkeeper, Janelle Robanext. 106
jroban@shrmn.org

Facility Manager and Maintenance
Mark Eldridge.....ext. 127
meldridge@shrmn.org

Admin. Asst. Facility Scheduling, Office
Darlene Doranext. 100
ddoran@shrmn.org

Admin. Asst. General Office
Rhonda Kuchinski.....ext. 100

Sunday Admin Asst.
Terri Fleck.....ext. 100

Marlene De Otis.....ext. 100

Sacramental Records
Bunny Brouillard.....ext. 105
bbrouillard@shrmn.org

School

Main Office: 763-537-1329

Principal, Karen Bursey.....ext. 121
kbursey@sacredheartschoolrobbinsdale.org

Advancement, Admin. Asst.
Pat Moore.....ext. 123
pmoore@sacredheartschoolrobbinsdale.org

Admin. Asst. Records,
Sarah Bowback.....ext. 120
sbowback@sacredheartschoolrobbinsdale.org

The Church of the Sacred Heart is served by the clergy of the Archdiocese of Saint Paul and Minneapolis

Priest Staff: Fr. Bryan J.B. Pedersen

Deacon: Dr. James Ramsey

BUY COFFEE-SUPPORT OUR YOUTH

WE HAVE A NEW SHIPMENT OF COFFEE FOR SALE FROM OUR YOUTH GROUP. MEDIUM ROAST-WHOLE BEAN, OR GROUND BAGS OF COFFEE ARE AVAILABLE FOR PURCHASE IN THE PARISH OFFICE. \$13.00 A BAG. THANK YOU.



Mass Intentions

FEBRUARY

Sun. 11	8:00 AM	Robert Delmore+
	10:00 AM	Parishioners
	11:35 AM	Leontine Torkelson+
Mon. 12	8:00 AM	Communion Service
Tues. 13	8:00 AM	Barb Feyereisen+
Wed. 14	8:00 AM	Mary Whiting+
	12:00 PM	George Castonguay+
	7:00 PM	Parishioners
Thu. 15	8:00 AM	Ted Rausch+
Fri. 16	8:00 AM	Friends & Benefactors of SHCS & Their Intentions
Sat. 17	8:00 AM	Benjamin Gorski+
	5:00 PM	Alphonse Wegscheid+
Sun. 18	8:00 AM	David J. Casey+
	10:00 AM	Parishioners
	11:35 AM	Leontine Torkelson+

Liturgical Ministers

February 13-17, 8:00 AM Mass

Altar Servers

Feb. 13: Khai Nguyen, Peter Fisher
Feb. 14: Molly McDyre, Gable Thissen
Feb. 15: Matthew Gerding, Mitchell McDyre
Feb. 16: Daniel and Colin Finley
Feb. 17: Jacob Dalland and Xavier Hakes

February 14, 7:00 PM Mass

Altar Servers

Lucas Patterson, Ellie Wolf, Maya Mash

Saturday, Feb. 17, 5:00 PM Vigil Mass

Altar Servers: Gable Thissen, Cadence

Haines, Matthew Gerding

EMHC: Mary and Gerry Mimick, Hope Doerner, Dillon Frye

Lector: Stuart Culver

Sunday, Feb. 18, 8:00 AM Mass

Altar Servers: Mitchell and Molly McDyre, Joey Silva

EMHC: Art and Marilyn Zenzen, Char Albert

Lector: Cheri Dargis

Sunday, Feb. 18, 10:00 AM Mass

Altar Servers: Patrick and Colin Finley, Xavier Salazar

EMHC: Pat Hargreaves, Bob Lind, Julie Harty, Bobbie Ramsey

Lector: Bill Blonigan

Money Counters, Feb. 18, 9:00AM

Rick Riley, Bill Bauer, Gerry Mimick, Cathy Jones



Faith Formation



BISHOP ROBERT BARRON'S DAVID THE KING

In David the King, Bishop Barron helps us to understand this pivotal figure in light of the first king and the King of kings.

Our next session is "Your Servant is Listening." scheduled for Tuesday February 20 at 1pm and 7PM. If you would like to join us the Registration fee for this program is \$30.00. (Cost covers Work Book, Responses, extra Handouts.) Couple registering for series \$35.00 (with one set of questions & answers).



The Sacred Heart Adult Education Program has a Book Club from a Christian perspective. The Book Club is an informal gathering of people interested in expanding their horizons by reading. Our next selection is "Interior Freedom" by Jacques Philippe.

"Despite the most difficult situations that can restrain our physical movement, each person has deep inside a place of freedom that no external power can take away, because God himself is its source."

We invite anyone interested to join us. The book can be purchased in the Parish Office for \$10. Our first meeting for discussion of this book selection will be Monday, February 12 at 7pm in MRoom 5. If you have any questions, please call Bunny in the Parish Office 763-537-4561. Or e-mail bbrouillard@shrmn.org



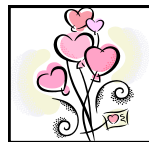
PRE-BAPTISM CLASSES

Pre-Baptism Classes are offered at Sacred Heart on the Second Tuesday of the month. All parents are required to attend a pre-baptism class before the Baptism of their first child or if it has been over three years since they last attended a pre-baptism class. Our next scheduled session is Tuesday February 13, 7pm in the Activities Building. If you plan to attend this session, please call the Parish Office 763-537-4561.

Council of Catholic Women

UPCOMING EVENTS: SAVE THESE DATES

Saturday, February 10, SHCCW Meeting is at 9:00AM in the Marian Rooms. All women from the parish are welcome.



Sweet Treats & Bake Sale

It is time once again to bring out the candy thermometers or activate the ovens. Our annual sweet treats and bake sale fundraiser is Saturday February 10 & Sunday 11. You may drop off the delectable delights before and after all weekend masses.



Join us for our bimonthly fellowship and hospitality Sunday February 18.

Coffee and donuts will be sponsored by the 4th Grade of our School and Religious Education Program, following the 8AM and 10AM Masses.



CHILD CARE IS AVAILABLE DURING 10AM MASS

Child Care is available during the 10am Mass in the lower level of the church. If you would like to volunteer, or if you are a Confirmation student and need volunteer hours, please call Bunny in the parish office. 763-537-4561.

Parish Organizations

Respect Life Ministry

2018 Legislative Day

Thursday, February 22, 2018

Open to all men and women. A day of education at the Cathedral of St. Paul. Learn more about how we can impact change in fields like the pro-life movement.

A morning of refreshments, speakers, legislative information, lunch, and travel to the Capitol to visit with legislators.

\$20 includes program, food, transportation, and materials. Register by February 15, 2018.

Please mail registration and fee to: ACCW Office, 777 Forest St. St. Paul, MN 55106 651-291-4545

40 Days for Life Twin Cities ~ Lent 2018

February 14 – March 25, 2018

3:00 p.m. Daily pastor-led prayer

You are also encouraged to come out to pray anytime throughout the day on the sidewalk in front of:

Planned Parenthood

671 Vandalia St

St. Paul, MN 55114

or

Robbinsdale Chapel of the Innocents

3819 West Broadway

Robbinsdale, MN 55422

Pro-Life Action Ministries invites all to join us in this international movement of prayer and fasting, peaceful vigil and community outreach to end abortion.

And Then There Were None

And Then There Were None (ATTWN) is a registered nonprofit organization that exists to *help abortion clinic workers leave the abortion industry*. ATTWN is pro-life without exceptions. While we believe in and wholeheartedly support all peaceful prolife efforts, ATTWN seeks to end abortion from the inside out. Learn more at: www.AbortionWorker.com

MEN'S CLUB — Catholic Watchmen Update

Our next Sacred Heart Watchmen meeting will be **February 11 at 6 pm** in the Sacred Heart Marion rooms for our next Watchmen meeting. The topic this month is on serving and being a witness to your family and community. The late Fr. Baer will be presenting via video. At the regional Watchmen event, Bishop Cozzens stated that Fr. Baer was really one of the founders of the Men's evangelization effort in our archdiocese.

Menu: New Item, seasoned pork tenderloin slices!

2018 Archdiocesan Men's Conference – Saturday, March 10

All men of the Archdiocese of Saint Paul and Minneapolis are invited to this annual tradition of archdiocesan Catholic men.

Keynote Speaker: Monsignor Thomas Richtor, the new rector of The Saint Paul Seminary. The conference also includes: Mass Break-out sessions with dynamic speakers, Opportunity for the sacrament of Reconciliation New This Year Please note the Time and Location are different from previous years. 9:30 a.m.–4 p.m. (Doors open at 8:30 a.m.), Saint Thomas Academy, Mendota Heights

Register at: www.thecatholicwatchmen.com

Calendar of Events

Sunday, February 11– 6th Sunday in Ordinary Time; Quinquagesima Sunday, Trad.

SHCCW Sweet Treat Sale– Parish Commons

8:00 AM Mass: Fr. Pedersen

10:00 AM Mass: Fr. Pedersen

10:00 AM Sunday School

10:00 AM Child Care

11:35 AM Latin Mass: Fr. Pedersen

6:30 PM Men's Club Watchmen Meeting

Monday, February 12–Seven Holy Founders of the Order of Servites 1233, Trad.

8:00 AM Communion Service

7:00 PM Adult Ed. Book Club– Marian Rooms

Tuesday, February 13– Holy Face of Jesus, Hist.

7:30 AM Confession: Fr. Pedersen

8:00 AM Mass: Fr. Pedersen

8:30 AM Coffee & Donuts

Wednesday, February 14–Sts Cyril 869 & Methodius 885; St. Valentine 269, Trad.

Ash Wednesday– Start of Lent

7:30 AM Confession: Fr. Pedersen

8:00 AM Mass: Fr. Pedersen

2:15 PM Open Youth Room

12:00 PM Mass

6:45 PM Rel. Ed.

7:00 PM Mass

Thursday, February 15–St. Claude de la Colombiere 1682; Sts Faustinus & Jovita 121, Trad.

7:30 AM Confession: Fr. Pedersen

8:00 AM Mass: Fr. Pedersen

8:35 AM – 8:00 PM Eucharistic Adoration

6:30 PM Chancel Choir Rehearsal-Choir Rm

7:00 PM Pastoral Council –Marian Rooms

Friday, February 16–St. Onesimus 95, Hist.

7:30 AM Confession: Fr. Pedersen

8:00 AM School & Parish Mass: Fr. Pedersen

4:30 PM Fish Fry

7:00 PM Stations of the Cross

Saturday, February 17– Seven Holy Founders of the Order of Servites 1233, New

7:30 AM Confession: Fr. Pedersen

8:00 AM Mass: Fr. Pedersen

3:30 PM Lenten Vespers

4:00 PM Confessions

5:00 PM Mass

Sunday, February 18– 1st Sunday of Lent

8:00 AM Mass: Fr. Pedersen

10:00 AM Mass: Fr. Pedersen

10:00 AM NO Sunday School

10:00 AM Child Care

11:35 AM Latin Mass: Fr. Pedersen

6:00 PM Confirmation

Monday, February 19– St. Conrad of Piacenza 420, Hist.

President's Day

Parish Office and School Closed

8:00 AM Communion Service



39th Annual
FISH FRY 2018
Sponsored by
Sacred Heart Catholic School



BEST Beer Battered Cod & Meatless Spaghetti in Town!

Serving All Fridays during Lent
February 16, 23, March 2, 9, 16, 23

Serving from 4:30 – 7:00 PM

Adult Menu (Senior Discount 65 and older \$1.00 off)

Fish Dinner: Fish Fillet, Baked Potato, Green beans, Coleslaw & Garlic Bread \$10.50

Fish Sandwich, Spaghetti & Coleslaw \$10.50

Fish Fillet, Soup of the Day (Cup), Green Beans & Garlic Bread \$10.50

Large Spaghetti & Garlic Bread \$9.50

Soup of the Day (Bowl), Baguette \$6.00

Children's Menu \$5.75 Ages 4-10 (Kids 3 and under eat FREE)

Spaghetti & Garlic Bread

Fish Sandwich & Green Beans

Personal Cheese Pizza, Applesauce

Take Out Orders Available

Sacred Heart Church Activities Building 4087 West Broadway, Robbinsdale

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DAYCARE
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School Age
Open 7AM-6PM
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jklukken@farmersagent.com

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email: RKBFIT4LIFE@GMAIL.COM

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