



Sacred Heart

C a t h o l i c C h u r c h

4087 West Broadway • Robbinsdale, MN 55422

Phone: 763-537-4561

Formed in His Heart, Serving with His Heart, Giving From His Heart

Sunday Mass Times

Saturday Vigil:

5:00 PM Mass of Anticipation

Sunday — The Lord's Day:

8:00 AM Mass

10:00 AM Mass

(Child Care Available)

11:35 AM Latin Mass

(1962 Missal)

Daily Mass Times

Monday:

8:00 AM Communion Service
followed by Lauds/Morning Prayer

Tuesday — Saturday:

8:00 AM Mass

followed by Lauds/Morning Prayer

Holy Day Mass Times

Consult the bulletin

Penance and Reconciliation

Tuesday — Saturday Morning:

7:40 — 7:55 AM

Saturday Afternoon:

4:00 — 4:45 PM

Or by appointment

Eucharistic Adoration

Thursdays in the

Sacred Heart Chapel:

8:35 AM — 8:00 PM

Parish Office Hours

Monday — Friday:

8:00 AM — 4:30 PM

Wednesday Evening:

5:00 — 8:00 PM

(October — April)

Sunday Mornings:

8:30 — 11:30 AM

Parish Web Site

www.shrmn.org

Parish Phone: 763-537-4561

Sacred Heart Catholic School

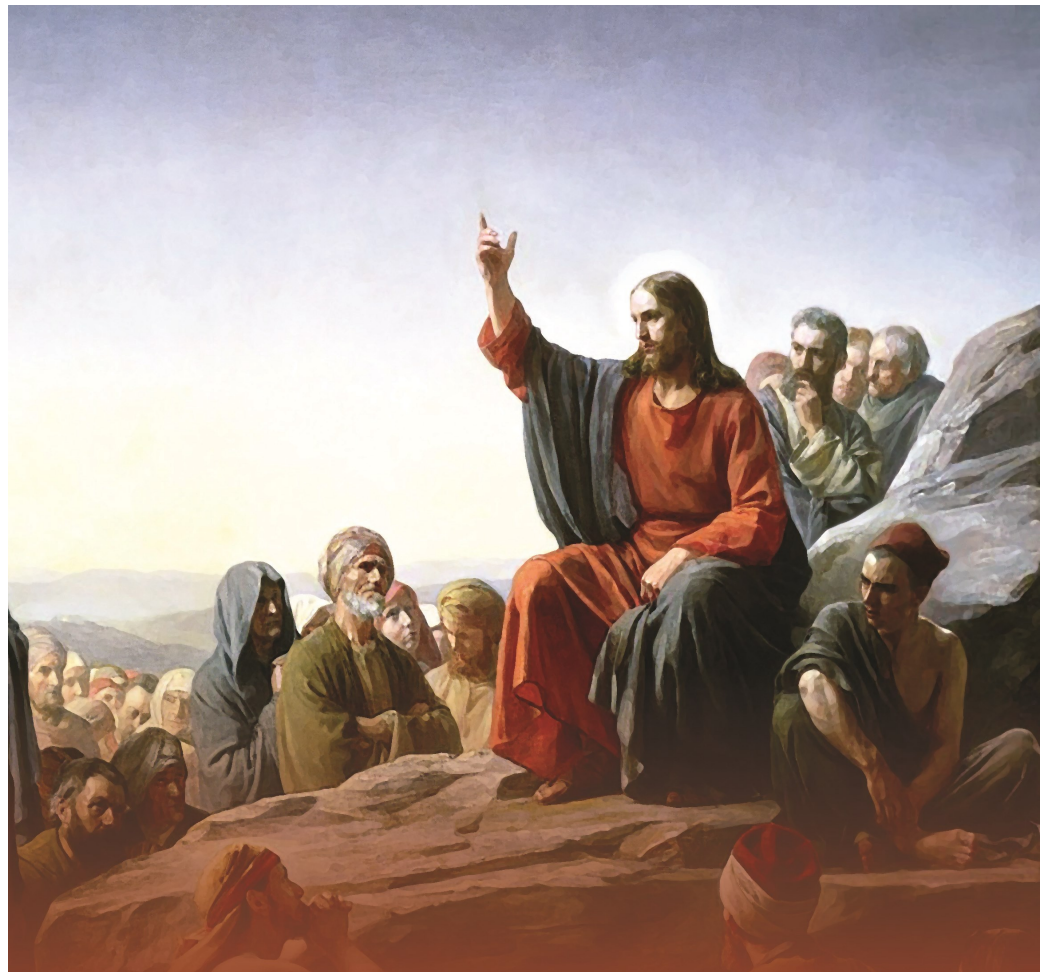
Daycare, Pre-K through 8th grade
4050 Hubbard Avenue North
Robbinsdale, MN 55422

School Web Site

sacredheartschoolrobbinsdale.org

School Phone: 763-537-1329

February 18, 2018



1st SUNDAY OF LENT

“This is the time of fulfillment. The kingdom of God is at hand.
Repent, and believe in the gospel.” - Mk 1:15

Parish Directory

Phone: 763-537-4561
General Email: cshadmin@shrmn.org

Worship

Priest, Fr. Bryan J.B. Pedersen.....ext. 101
fr.bpedersen@shrmn.org
Deacon, Dr. James Ramsey.....ext. 135
jramsey@shrmn.org
Music, Jeffrey Patry.....ext. 109
jpatry@shrmn.org

Faith Formation

Director, Bunny Brouillard.....ext. 105
bbrouillard@shrmn.org
Youth & Young Adults, Confirmation
Matthew Kruc.....ext. 104
mkruc@shrmn.org
Sunday School, Bunny Brouillard....ext. 105
bbrouillard@shrmn.org
Sunday Child Care, Terri Fleck.....ext. 105

Pastoral Care

Priest, Fr. Bryan J.B. Pedersen.....ext. 101
fr.bpedersen@shrmn.org
Deacon, Dr. James Ramsey.....ext. 135
jramsey@shrmn.org

Parish Administration

Bus. Admin., Mary Daugherty.....ext. 102
mdaugherty@shrmn.org
Bookkeeper, Janelle Robanext. 106
jroban@shrmn.org
Facility Manager and Maintenance
Mark Eldridge.....ext. 127
meldridge@shrmn.org
Admin. Asst. Facility Scheduling, Office
Darlene Doranext. 100
ddoran@shrmn.org
Admin. Asst. General Office
Rhonda Kuchinski.....ext. 100
Sunday Admin Asst.
Terri Fleck.....ext. 100
Marlene De Otis.....ext. 100
Sacramental Records
Bunny Brouillard.....ext. 105
bbrouillard@shrmn.org

School

Main Office: 763-537-1329
Principal, Karen Bursey.....ext. 121
kbursey@sacredheartschoolrobbinsdale.org
Advancement, Admin. Asst.
Pat Moore.....ext. 123
pmoore@sacredheartschoolrobbinsdale.org
Admin. Asst. Records,
Sarah Bowback.....ext. 120
sbowback@sacredheartschoolrobbinsdale.org

The Church of the Sacred Heart is served by the clergy of the Archdiocese of Saint Paul and Minneapolis

Priest Staff: Fr. Bryan J.B. Pedersen
Deacon: Dr. James Ramsey

Pastor's Page | Fr. Bryan J.B. Pedersen

Sacred Heart Parish Mission Statement

"Sacred Heart Catholic Parish exists to foster a community of disciples in response to the Gospel of Jesus Christ through Worship, Fellowship, Catholic Education and Service"

GOSPEL MEDITATION

February 18, 2018 1st Sunday of Lent

Why do we always go to the desert? We see this example in Scripture time and time again. The Israelites wandered in the desert. King David and prophets were driven into the wilderness. And now Jesus is in the same place. Lent after Lent, we too are invited into a barren, desolate place. Why do we always go to the desert?

Throughout Scripture, the desert is a place of testing. It's also a place of hiding and withdrawal. In the Old Testament, David fled into the wilderness to hide from Saul, Elijah from Jezebel, and Jonah from God! In other words, the desert is a place of "retreat." In Christian circles, we use the word to describe a spiritual weekend away. But its meaning comes from warfare, as we well know. To retreat means to draw back, to separate oneself from the fighting. Of course, a military retreat brings its own kind of "battle" - the internal assessment of why the fighting went so poorly.

As we enter into this Lenten season, we are invited to retreat into the desert with Jesus. Attending a day or weekend of reflection is a wonderful spiritual practice. This "desert spirituality," however, can fill all forty days. We can fulfill our Lenten resolutions with a purpose - writing daily notes to family and friends can inspire new gratitude, every time we pass up that specific food item can be cause for intercession for deeper sufferings and privations of others.

The Gospel tells us that "the Spirit drove him out into the desert." In other words, God wants us to be here. What feels uncomfortable is actually part of our spiritual journey. To be stretched, to be challenged, to confront our own areas of weakness - these things are essential in our walk with God. This Lent, will you go to the desert?

WHY DO WE DO THAT? - CATHOLIC LIFE EXPLAINED

Question: At times, temptation seems so powerful that is almost impossible to resist.

How can I be stronger in my resolve to avoid sin and temptation?

Answer: Temptation is powerful because it appeals to our human weakness and our desire for power, wealth, control, or personal satisfaction. Evil disguises itself as something good and we are enticed to make a choice. Our will is weakened each time we give in to something for selfish reasons, especially things we do not wish to choose. It is not something we can totally avoid, because temptation is not something we create or sometimes recognize, but rather it comes from evil. But it would be a mistake to think of temptation only in terms of things that are really sinful. Temptation gains its strength by wearing down our will to choose good. If we fail in the small choices, we are all the more likely to fail in the bigger ones.

Herein lies the wisdom of the Church in encouraging us to make small sacrifices and to do Lenten penance. In these practices of self-denial, we strengthen our will to choose, our ability to recognize good, and our desire to avoid evil. The balance of power shifts from evil to good, from temptation to resistance. We then overcome evil in the small struggles of daily life and are more attuned to the prompting our conscience to choose good.

News From Other Sources

Silent Retreats for women based on the Spiritual Exercises of St. Ignatius will be preached by priests from the Miles Christi Religious Order on the weekends of March 9-11 and May 4-6, at the Franciscan Retreat Center in Prior Lake. For more information and to register, please contact Karen Hastreiter at 651-451-1132 or Minnesota@spiritualexercises.net

Appointed Sunday Readings

1st Sunday of Lent-2/18/18

First Reading: God said to Noah and to his sons with him: "See, I am now establishing my covenant with you and your descendants after you." (*Gen 9:8-15*)

Psalms: Your ways, O Lord, are love and truth to those who keep your covenant. (*Pss 25*)

Second Reading: Christ suffered for sins once, the righteous for the sake of the unrighteous, that he might lead you to God. Put to death in the flesh, he was brought to life in the Spirit. (*1 Pt 3:18*)

Gospel: After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." (*Mk 1:14-15*)

Latin Mass Sunday Readings

1st Sunday of Lent

Epistle: Brethren: We exhort you that you receive not the grace of God in vain. (*2Cor. 6:1-10*)

Gradual: God has given His Angels charge over thee, to keep thee in all thy ways. (*Pss. 90:11,12*)

Gospel: At that time Jesus was led by the Spirit into the desert, to be tempted by the Devil. (*Matt. 4:1-11*)

Appointed Daily Readings

Monday, Feb. 19—Saturday, Feb. 24

Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15 [Jn 6:63b]/Mt 25:31-46

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19 [18b]/Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19 [19b]/Lk 11:29-32

Thursday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-19

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt 5:43-48

Prayers of the Faithful

Please remember in your prayers

Those Who Are Ill: Medard Kaisershot, Tom Ambrose, Margaret Willger, Marilyn Gooley-Aunt of Teresa Gooley, Teri O'Neil, James Riley Sr., Bill Cashin

Those Serving In Our Armed Forces: Chad Tatur, Barbara J. Hoeben, John F. Landolt III, Philip Aubart, Sam Dahlgren-Castilla, Daniel Arnold, Justin Rathbun, Shannon Gregory, John Aubart, Joey Eckman, Joseph Mash, Liam Gregory, Jordan Reese, and Andrew Gladitsch, Cathal & Cormac O'Connor

Administration

Stewardship



The Summary Report for our Increased Offertory Program – Formed in His Heart, Serving with His Heart, Giving from His Heart have been completed and mailed to all parishioners. Thank you so very much to all who participated in this very important program. Your generosity shows your willingness as faithful stewards to be a part of the ongoing mission of the Church of the Sacred Heart. If you did not have the opportunity to complete a commitment card, you may still do this. Please contact the Parish Office directly.

For Weekly Contribution Information:

Please Contact the Parish Office.

763-537-4561

Music Ministry

Music Ministry

Lenten Music Meditations – Come and enjoy some meditative music before the Stations of the Cross. Music will begin at 6:40 PM.

Friday, March 9th – *Atsuko Schlough, piano & Jeffrey Patry, organ*

Friday, March 16th – *Andrea DeOtis, clarinet & Jeffrey Patry, piano*

Friday, March 23rd – *Jeffrey Patry, piano & organ*

Friday, February 23rd 7:00 PM– Join the Agape Singers as they present the *Via Dolorosa*. This has become a tradition at Sacred Heart and we welcome them back as they depict the Stations of the Cross in meditation and song.

Thursday, March 8th 7:30 PM – The Chancel Choir and violinist Jennifer Thomas will present a *Lenten Taize Service*. Come and meditate on the beautiful music of Taize. Benediction of the Blessed Sacrament will be offered at the conclusion of the service.

Friday, March 16th 7:00 PM – Organist Jeffrey Patry will present *Organ Meditations on the Stations of the Cross*.

Friday, March 23rd 7:00 PM– Join our middle school students as they present the *Living Stations*. The Living Stations are scripted and acted depictions of each station. Come and support our school students in their hard work.

LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Repent and believe in the gospel! This is the message that is found on Jesus' lips after forty days in the desert. As the forty days of Lent come before us, we are asked to create a desert experience in our lives so that we can learn anew the ways of God. Our daily cares and concerns can distract us from truth and cause us to become absorbed with the world and secular priorities. Lent is an opportunity to free ourselves from illusion and focus us on what really matters. In doing so, we open up new possibilities for our relationship with God, others, our world, and ourselves.

Sacred Heart Catholic School



SACRED HEART
CATHOLIC SCHOOL

We started our Read-a-thon

We started our read-a-thon on Friday and our school goal is \$10,000 with an individual goal for \$75/student. The main focus of the Read-a-thon is for everyone to know we are committed to improving reading skills. To that end, the Read-a-thon promises to be a fun, exciting journey for all participants as they begin a personal reading adventure that challenges each reader to complete 10 or more reading sessions over a two period. If you would like to support our read-a-thon, please consider sponsoring a student or making a donation to our event. We have special activities planned during the two week period.

Mystery Readers—Would you like to come in and read to one of our classes? Please contact the school office if you would like to read your favorite book to a class or teachers will have a great book for you to share. Students love having special guests come in!



39th Annual

Join us for our Fish Fry Dinners

The Fish Fry dinners provide financial support to our school and we need many volunteers to make this happen each Friday during Lent. Many families volunteer for Lenten service.

We need help in the kitchen on Thursday and Friday evenings, along with dining room servers, bussing tables, dessert table, and the ticket table. Please call the school office if you can help out.

Become a 2018 Fish Fry Donor

For every case donated, you or your business receive 2 FREE Fish Dinners. Cost: \$65.00. Our goal is to raise funds for 45 cases. Complete the inserted flier and we will make sure you receive your 2 dinner tickets.

Calendar

Feb. 19 No School
Feb. 20 Girls Basketball 6:30 pm Home
Feb. 21 SAC meeting 6 pm
Feb. 23 Fish Fry Dinner
Feb. 23 School Mass/Food Drive
March 2 End of Trimester 2

Like our Facebook Page - Sacred Heart Catholic School Robbinsdale, MN Alumni/Parent

<http://www.facebook.com/SHCSRobbinsdale>

Follow us on Twitter - <https://twitter.com/SHCSRobbinsdal1>



To Join Sacred Heart Parish

If you are new to our community, or have been attending Mass here but have not yet joined Sacred Heart call 763-537-4561 or stop in the parish office to register.

Sacrament of Initiation — RCIA (Rite of Christian Initiation for Adults)

To join the Catholic Church call Bunny Brouillard in the Parish Office.

Sacrament of Baptism for Infants and Children (RCIC)

Baptism for Infants and young Children is celebrated on the first & third Sundays of the month at 1 PM. Pre-Baptism Class meets on the second Tuesday of the month at 7 PM. To make arrangements call Bunny Brouillard in the Parish Office.

Sacrament of Confirmation

If you are in High School or an Adult who has yet to receive Confirmation contact Matt Kruc or Bunny Brouillard in the Parish Office to make arrangements.

Sacrament of Holy Communion

If you or your child have not yet made your First Holy Communion contact Bunny Brouillard. If you are shut in and would like to receive Holy Communion contact Deacon Ramsey to make arrangements

Sacrament of Penance

See the schedule for confessions or contact Fr. Pedersen to make an appointment. To receive instruction on making a first confession contact the Parish Office.

Sacrament of Anointing

To make arrangements to receive the Sacrament of the Sick or Last Rites contact the Parish Office.

Sacrament of Marriage

Registered Parishioners should call Father Pedersen or Deacon Ramsey at least 8 months in advance of the wedding date to make arrangements.

Sacrament of Holy Orders

Catholic Men contact Fr. Pedersen or Deacon Ramsey for more information on joining the Diaconate or Priesthood.

Sunday School

Open to children ages 3 years through Kindergarten. Meets during the 10 AM Mass October through April. Please call Bunny Brouillard in the Parish Office.

Religious Education

For students grades 1 through 12. Meets Wednesday evening 6:45pm—8pm, October through April. Please call Bunny Brouillard or Matt Kruc in the Parish Office.

Mass Intentions

FEBRUARY

Sun. 18	8:00 AM	David J. Casey+
	10:00 AM	Parishioners
	11:35 AM	Leontine Torkerson+
Mon. 19	8:00 AM	Communion Service
Tues. 20	8:00 AM	Barb Feyereisen+
Wed. 21	8:00 AM	David Starmack+
Thu. 22	8:00 AM	Vince Binstock+
Fri. 23	8:00 AM	Mark Kranz
Sat. 24	8:00 AM	Gregory Hermann+
	5:00 PM	Robert Delmore+
Sun. 25	8:00 AM	Patricia Kennedy+
	10:00 AM	Parishioners
	11:35 AM	Leontine Torkerson+

Liturgical Ministers

February 20-24, 8:00 AM Mass

Altar Servers

Feb. 20: Andrew Thibault, Andreas Laue
Feb. 21: Joey Silva, Leo Fisher
Feb. 22: Khai Nguyen, Peter Fisher
Feb. 23: Molly McDyre, Gable Thissen
Feb. 24: George and Ellie Wolf

Saturday, Feb. 24, 5:00 PM Vigil Mass

Altar Servers: Peter & Leo Fisher, Caden Wall
EMHC: Mary Trombley, Debra & Peter Krych
Lector: Andrea DeOtis

Sunday, Feb. 25, 8:00 AM Mass

Altar Servers: Maya Mash, Gable Thissen, Ellie Wolf
EMHC: Dawn Munt, Charlie Julien, Francine Wilson
Lector: Theresa Gooley

Sunday, Feb. 25, 10:00 AM Mass

Altar Servers: John, Mark, Andrew Thibault
EMHC: Dianne Detloff, Linda Timmerman, Steve & Tery Haik
Lector: Ken Timmerman

Money Counters, February 25, 9:00AM

Tony Bangasser, Jim Sobraske, Ray & Kathleen Beauchamp



Faith Formation



BISHOP ROBERT BARRON'S DAVID THE KING

In David the King, Bishop Barron helps us to understand this pivotal figure in light of the first king and the King of kings.

Our next session is "Your Servant is Listening." scheduled for Tuesday February 20 at 1pm and 7PM. If you would like to join us the Registration fee for this program is \$30.00. (Cost covers Work Book, Responses, extra Handouts.) Couple registering for series \$35.00 (with one set of questions & answers).



The Sacred Heart Adult Education Program has a Book Club from a Christian perspective. Our selection is "Interior Freedom" by Jacques Philippe. We invite anyone interested to join us. The book can be purchased in the Parish Office for \$10. You will also receive a Study Guide. Our next meeting for discussion of this book selection will be Monday, February 26 at 7pm in MRoom 5. If you have any questions, please call Bunny in the Parish Office 763-537-4561. Or e-mail bbrouillard@shrmn.org



PRE-BAPTISM CLASSES

Pre-Baptism Classes are offered at Sacred Heart on the Second Tuesday of the month. All parents are required to attend a pre-baptism class before the Baptism of their first child or if it has been over three years since they last attended a pre-baptism class. Our next scheduled session is Tuesday March 13 7pm in the Activities Building. If you plan to attend this session, please call the Parish Office 763-537-4561.

Sacred Heart Vocation's Committee

The Sacred Heart Vocation Committee (SHVC) received approval from Fr. Pedersen, for the entire parish to participate in a Spiritual Bouquet offering for the 2018 Lenten season. We would ask our parishioners to offer a Spiritual Bouquet for a few young adults that hold a special place in our spiritual thoughts; the current seminarians at St. Paul Seminary School of Divinity, See today's bulletin insert for you personal bouquet form. **Please return your bouquets in church via collection basket or to the office by PALM SUNDAY.** The SHVC wish to thank you and believe we all will enjoy caring on this tradition and find place in our spiritual endeavors for many more bouquets for years to come.

BUY COFFEE-SUPPORT OUR YOUTH

WE HAVE A NEW SHIPMENT OF COFFEE FOR SALE FROM OUR YOUTH GROUP. MEDIUM ROAST-WHOLE BEAN, OR GROUND BAGS OF COFFEE ARE AVAILABLE FOR PURCHASE IN THE PARISH OFFICE. \$13.00 A BAG. THANK YOU.

Pastoral Care Team Visits

Because of the Right to Privacy Laws, Sacred Heart is not notified of parishioners who are hospitalized, homebound, or have entered a health care facility. We must hear from you, a family member, or a friend, if you would like to be visited by someone on the Pastoral Care Team.

Please call the Sacred Heart Parish Office 763-537-4561 and we will take the necessary information and pass it along to the Pastor and the Pastoral Care Team.

Parish Organizations

Respect Life Ministry

40 Days for Life Twin Cities ~ Lent 2018

February 14 – March 25, 2018

3:00 p.m. Daily pastor-led prayer

You are also encouraged to come out to pray anytime throughout the day on the sidewalk in front of:

Planned Parenthood

671 Vandalia St

St. Paul, MN 55114

or

Robbinsdale Chapel of the Innocents

3819 West Broadway

Robbinsdale, MN 55422

Pro-Life Action Ministries invites all to join us in this international movement of prayer and fasting, peaceful vigil and community outreach to end abortion.

And Then There Were None

And Then There Were None (ATTWN) is a registered nonprofit organization that exists to help abortion clinic workers leave the abortion industry. ATTWN is pro-life without exceptions. While we believe in and wholeheartedly support all peaceful prolife efforts, ATTWN seeks to end abortion from the inside out. Learn more

at: www.AbortionWorker.com



Prepare your heart with EWTN Lenten programming!

Learn more about your Faith during this special time of the year. EWTN will have movies, documentaries, children's programming, and more to help you grow in your spiritual life.

Get program details at ewtn.com.

Locally watch EWTN on Digital Channels 16.2, 4, 5 and 19;

Or online; or even on your smartphone using our free EWTN App!

Council of Catholic Women

The Deanery Meeting will be March 12 at St. Charles Borromeo in 2739 Stinson Boulevard St, Anthony.

Guest Speaker Elizabeth (Liz) Kelly is well known throughout the United States through her books, speaking engagements, guest speaker on Radio and TV. Registration start at 9:00 a.m. meeting start at 9:30. Will be a rosary before the noon mass followed by lunch. Will have our annual Silent Auction at this meeting. Will pay for the first 13 ladies. For reservation please call Mary Weber 537-3370 By March 7th. Will car pool.

MEN'S CLUB — Catholic Watchmen Update

2018 Archdiocesan Men's Conference – Saturday, March 10

All men of the Archdiocese of Saint Paul and Minneapolis are invited to this annual tradition of archdiocesan Catholic men.

Keynote Speaker: Monsignor Thomas Richtor, the new rector of The Saint Paul Seminary. The conference also includes: Mass Break-out sessions with dynamic speakers, Opportunity for the sacrament of Reconciliation New This Year Please note the Time and Location are different from previous years. 9:30 a.m.–4 p.m. (Doors open at 8:30 a.m.), Saint Thomas Academy, Mendota Heights

Register at: www.thecatholicwatchmen.com

Calendar of Events

Sunday, February 18– 1st Sunday of Lent

8:00 AM Mass: Fr. Pedersen

10:00 AM Mass: Fr. Pedersen

10:00 AM NO Sunday School

10:00 AM Child Care

11:35 AM Latin Mass: Fr. Pedersen

6:00 PM Confirmation

Monday, February 19– St. Conrad of Piacenza 420, Hist.

President's Day

Parish Office and School Closed

8:00 AM Communion Service

Tuesday, February 20–Sts Francisco Marto 1919 & Jacinta Marto 1920

7:30 AM Confession: Fr. Pedersen

8:00 AM Mass: Fr. Pedersen

9:00 AM Home Communion

1:00 PM Adult Ed: David The King

7:00 PM Adult Ed: David The King

Wednesday, February 21– St. Peter Damian 1072

7:30 AM Confession: Fr. Pedersen

8:00 AM Mass: Fr. Pedersen

2:15 PM Open Youth Room

6:00 PM SAC

6:45 PM Rel. Ed.

7:00 PM Handbell Ensemble Rehearsal-Ch.

Thursday, February 22–Feast of the Chair of St. Peter

7:30 AM Confession: Fr. Pedersen

8:00 AM Mass: Fr. Pedersen

8:35 AM – 8:00 PM Eucharistic Adoration

6:00 PM Scout Meeting-School Lunchroom

6:30 PM Chancel Choir Rehearsal - Choir Rm.

Friday, February 23–St. Polycarp 166;; St. Peter Damian 1072, Trad.

7:30 AM Confession: Fr. Pedersen

8:00 AM School & Parish Mass: Fr. Pedersen

4:30 PM Fish Fry

7:00 PM Stations of the Cross

Saturday, February 24–St. Matthias 1st C., Trad.

7:30 AM Confession: Fr. Pedersen

8:00 AM Mass: Fr. Pedersen

3:30 PM Lenten Vespers

4:00 PM Confessions

5:00 PM Mass

Sunday, February 25–2nd Sunday of Lent

8:00 AM Mass: Fr. Pedersen

10:00 AM Mass: Fr. Pedersen

10:00 AM Sunday School

10:00 AM Child Care

11:30 AM Kantorei Rehearsal-Choir Room

11:35 AM Latin Mass: Fr. Pedersen

Parish Prayer Line

To be placed on the prayer line call Terri at 612-247-8772. You can also send in your request via e-mail: csadmin@shrmn.org



39th Annual

FISH FRY 2018

Sponsored by
Sacred Heart Catholic School



BEST Beer Battered Cod & Meatless Spaghetti in Town!

Serving All Fridays during Lent
February 16, 23, March 2, 9, 16, 23

Serving from 4:30 – 7:00 PM

Adult Menu (Senior Discount 65 and older \$1.00 off)

Fish Dinner: Fish Fillet, Baked Potato, Green beans, Coleslaw & Garlic Bread \$10.50

Fish Sandwich, Spaghetti & Coleslaw \$10.50

Fish Fillet, Soup of the Day (Cup), Green Beans & Garlic Bread \$10.50

Large Spaghetti & Garlic Bread \$9.50

Soup of the Day (Bowl), Baguette \$6.00

Children's Menu \$5.75 Ages 4-10 (Kids 3 and under eat FREE)

Spaghetti & Garlic Bread

Fish Sandwich & Green Beans

Personal Cheese Pizza, Applesauce

Take Out Orders Available

Sacred Heart Church Activities Building 4087 West Broadway, Robbinsdale

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email: RKBFIT4LIFE@GMAIL.COM

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