

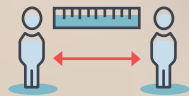
Safely returning to **Communion**

Please follow these guidelines for all to safely receive the Sacrament



Sanitize

Apply hand sanitizer before getting in the Communion line



Maintain Social Distance

Approach the Communion station keeping 6 feet from all others



Keep your mask on

- Approach the minister wearing your mask
- Extend both hands, palms up, far in front of you
- Keep your mask on and reply "Amen" when the minister says, "Body of Christ"



Receive host in the palms of your hands

- Remain still as the minister places the Host in your hand
- Step 6 feet to the side, remove the mask, consume the Host, and replace the mask



You may stay in church a few moments to pray, then depart using a designated exit

Please remember to maintain a social distance



ARCHDIOCESE
OF
SAINT PAUL &
MINNEAPOLIS

NOTE: See other side for safe Mass protocols