



How to celebrate
Mass Online

Prepare like you are going to leave the house to attend Mass



Put on your Sunday best
(this may be our only chance to dress up a bit)



Stand, Sit and Kneel
(the old Catholic calisthenics)

Sing the hymns and responses

(if your kids roll their eyes, you've got it right)



Online GIVING

Make a Sunday offering
(online or mail in)

Pray
throughout

Hunger for Holy Communion
(even though we are not able to receive it at this time)

Say the responses out loud
(“and with your spirit”)



Make a Spiritual Communion
(visit archspm.org/spiritualcommunion)

