

**SACRED HEART
COUNCIL OF CATHOLIC WOMEN
2023-2024 Year Book**



**Affiliated with the
Minneapolis Deaneries
Council of Catholic Women
of the
Archdiocesan Council of Catholic Women
of the
National Council of Catholic Women**



CHURCH OF THE SACRED HEART

2023-2024 Yearbook

Dear Members of the Sacred Heart Council of Catholic Women,

As we all know time passes quickly. For me it is hard to believe, but I am now in my sixteenth year as pastor here at the Church of the Sacred Heart. Throughout these years the women actively involved in the Sacred Heart Council of Catholic Women have been a bulwark of support for me personally and for our entire Parish.

Your support has come through prayer, hard work, fellowship with each other and with the wider Parish, and through the sharing of the fruits of your labors. On the first Saturday of the month many active members of the SHCCW pray the rosary and other prayers together for their adult children. In your quarterly meetings in addition to the regular business you have make time for fellowship and bring inspiring speakers. The Semi-Annual Treasure Hunt / Rummage Sale, which requires a great deal of organization and volunteer labor on your part has enabled you to support many ministries of the Parish through the years including our school ministry, faith formation ministries, youth ministry, funeral lunch ministry, and liturgical ministries to name just a few. Not only that you have supported other ministries outside of the boundaries of our Parish such as the Pro-Life Billboard Apostolate, the Franciscan Brothers of Peace, Sacred Heart Catholic School, and a whole host of other apostolates, ministries, and programs.

There is so much to be grateful for in the work you have done, are doing, and will continue to do. I also want you to know how grateful I am for your sponsoring the completion of our Red Vestment set through the purchase of a cope. It will make its debut on Palm Sunday 2024. It is truly a beautiful vestment of noble simplicity. With this vestment we have a cope along with a stunning chasuble, and two dalmatics all which coordinate and match.

I thank you as well for the additional pieces of art that tell the story of the life of Mary which now adorn the Marian Rooms. These two new scenes are The Annunciation and The Visitation. These new pieces were added in 2023 and the first two pieces of art provided by the SHCCW in 2019, which were The Wedding Feast of Cana and The Dormition of the Blessed Virgin Mary. We hope to add the Coronation of the Blessed Virgin Mary, the Betrothal of Mary and Joseph and The Nativity in the coming months.

I ask that you ponder these scenes from the Life of the Blessed Virgin Mary. I pray you all find inspiration from our Blessed Mother. She is our model and advocate and teaches us how to live as beloved sons and daughters of our Heavenly Father.



Yours in the Sacred Heart of Jesus,

Fr. Bryan J.B. Pedersen
Fr. Bryan J.B. Pedersen
Pastor



January 25, 2024

St. Matthew, Apostle and Evangelist

Dear Women of Sacred Heart,

The days are slowly lengthening as we prepare for Easter. The Sacred Heart Council of Catholic Women (SHCCW) is completing tasks and preparing for next year.

As I soon finish my second term as President, I reflect on who and what I have encountered. I look back at the names of the ladies who have volunteered over the past years and I see treasured mentors.

I want you to know what I did not know then, that it was grace. I was encountering grace in the women of Sacred Heart and it remains. I encourage you as a woman of Sacred Heart Parish to gather and participate.

The SHCCW prayerfully supports Catholic women in leadership and service. We work in a variety of ministries and activities as we tend to the needs of the Church and society. I have personally been blessed through the efforts of ministries like the Funeral Honor Guard and, recently, the Sunshine cards. My family has benefitted from the rummage sale which in turn benefits Sacred Heart and various charities.

Please review the service opportunities and join in. Contact information for questions and ideas are included.

You continue to be in our prayers,

Debbie Knaeble
SHCCW President
(763)568-1898



Prayer to Our Lady of Good Counsel

O Lord of Heavenly Wisdom, Who has given us Your own Mother Mary to be our guide and counselor in this our life, grant that in all things we have the grace to seek her maternal instruction and to profit by it in humility and love.

O Mother of Good Counsel, Patroness of the National Council of Catholic Women, help us to understand and fulfill the mind and will of your Divine Son, Jesus Christ.

Under the blessings of the Father, and by the power of the Holy Spirit, may we be responsible and intelligent daughters of the Church.

May we labor in the spirit of renewal to realize more perfectly the Kingdom of God here below as the only true preparation for our share in the Kingdom of Heaven.

And may we, in all we think or do or say, be filled with the same love of God and neighbor that overflows from your own Immaculate Heart.

Amen.

Mission Statement

Our purpose is to support, empower and educate all Catholic women in spirituality, leadership and service. Our programs respond with Gospel values to the needs of the Church Family and society in the modern world.

SHCCW OFFICERS

Spiritual Director

Rev. Bryan Pedersen (763)537-4561

President

Debbie Knaeble (763)568-1893

Vice-President

Christina Hanuska (612)889-9359

Secretary

Mary Fauchier (763)370-4062

Treasurer

Peggy Bonicatto (763)354-9011

Deanery Representative

Carol Rusinko (612)242-5807

Immediate Past President

Bonnie Bolash (763)537-4955



You are a CCW member!

All women 18 years or older are automatically members of the SHCCW. Within in this book you will find many opportunities to volunteer and help keep our parish a vibrant community. As you read thru and find something you wish to be involved in please call the chairwoman and let them know, they will welcome your help, input and ideas. In addition, please join us for our meetings, there are only 4 each year and they are a great opportunity to meet other women in our parish! Also, our email address is sacredheartccw@gmail.com, drop us a note and let us know where you would like to be involved!!

SHCCW meeting dates for 2023-24

Meetings are held in the Marian Rooms
of the Activities Building.

Thursday, October 7, 2023 at 7:00 p.m.

**Saturday, December 9, 2023 at 9:00 a.m. Baby Jesus
Shower**

Saturday, February 17, 2024 at 9:00 a.m.

Saturday, June 8, 2024 Annual Meeting 9:00 a.m.

Refreshments are served at the meetings.
A basket is passed for a free will offering to assist the Sunshine Committee.



MINNEAPOLIS DEANERY COUNCIL OF CATHOLIC WOMEN MEETINGS DATES

Deanery meetings are open to all women of the parish. These daytime meetings include a lunch and are packed with speakers and information. All meetings start at 9am unless otherwise noted. If you are interested in attending please call **Carol Rusinko (612)242-5807**. Announcements will be in the church bulletin.

MCCW DEANERY MEETINGS

September 28, 2023	4 PM	Immaculate Conception, Columbia Heights
November 13, 2023	9 AM	St. Albert the Great, Minneapolis
March 11, 2024	9 AM	Holy Cross, Minneapolis



Other “CCW” events

ACCW Morning of Reflection

November 4, 2023

Our Lady of the Lake Church, Mound

MCCW Catholic Culture Day

October 4, 2023

St. Agnes Catholic Church, St. Paul

ACCW Legislature Day

Feb 3, 2024

St. Pius X, Cannon Falls

ACCW Convention

April 19, 2024

Mary, Mother of the Church, Burnsville

NCCW Convention

August 15- 17, 2024

Oklahoma City, Oklahoma

I. Organization Services Commission

The Organization Services Commission works in conjunction with the other commissions by providing organization, programming techniques, materials, funds and publicity.

A. Telephone

Barb Osborne (763)521-6107

B. Yearbook

Nancy Narr (763)536-0450

Carol Rusinko (612)242-5807

C. Ways and Means

Ways and Means is dedicated to helping our parish and community grow by providing opportunities to volunteer your time or donate goods. Profits from these fundraisers go first and foremost to our parish and school. We also give to national and international catholic organizations.

Volunteer opportunities

1. Bake Sales

Chairwoman: Peggy Bonicatto (763)354-9011

Fall sale: December 9 & 10, 2023

Spring sale: April 27 & 28, 2024

Baked goods may be dropped off before or during the sale. **Please mark items with content and price.** If you are able to help with these sales please contact our chairwoman.

2. Sweet Treats Sale (Candy Sale)

Chairwomen: Barb Osborne (763)521-6107

Leslie Swan (763)535-1392

The sweet treats sale will be held on **February 10 & 11, 2024** in the parish commons. Candy items may be dropped off before and during the sale. **Please mark items with content and price.** If you are interested in helping with this sale, please contact one of our chairwomen.

3. Sacred Heart Treasure Hunt (Rummage Sale)

Chairwoman: Renee Buchannan (763)521-6704

**Fall sale: October 18 - Drop Off; October 19 - preview;
October 20 & 21 Sale**

**Spring sale: May 8 - Drop Off; May 9 - preview; 10 –11
Sale**

Spring and Fall are great times so do some organizing/downsizing and our treasure hunt is the motivation! Drop off day will be Wed. please bring **CLEAN, GENTILY USED OR NEW items only**. Thursday will be our preview day from 2 - 6 pm, \$5.00 at the door. Our regular sales days will be Friday 9:00 am - 6 pm and Sat. 9:00 am - noon which is bag day.

Many helpers are needed to make this event a success. Please contact Renee and let her know when you will be there!

4. Spring Luncheon

Chairwomen: (Open)



II. Family Concerns Commission

The Family Concerns Commission has directed its focus toward the family in today's society with the aim of promoting the Christian Family as the ideal. This commission also aims to preserve the family unit in a culture which places a lesser value on the person and the family.

Volunteer Opportunities

A. Sunshine cards

Chairwoman: Diane Gorde (612)968-0470

The SHCCW sends cards to members who are ill, are shut-ins or have new babies. If you know of any such person, please call the chairwoman and give her their address so she can send out a card.

B. Funeral Luncheons

**Chairwoman: Maggie Powell or Monica Thibault
(763)537-4561**

This is a service offered by the CCW for Sacred Heart members who have had a loved one pass away. If they request a luncheon, women from our parish help prepare food (provided by the family), set tables and serve coffee/beverages.

C. Coffee and Donuts

Chairwoman: Dianne Detloff (763)521-4962

February 25, 2024, April 28, 2024

This group of women serve coffee and donuts after the 8 & 10 a.m. Masses on the above dates. Please contact the chairwoman if you are able to help with this event.

D. Respect Life/Pro-Life

Chairwomen: Carol Rusinko (763)533-8809

Debbie Knaeble (763)533-8210

This group of women, head up the “Respect Life” booth at the Fun Fest. They provide information from all the Pro-Life groups at our meetings and through the parish bulletin. They promote Rosaries for Life; January Ecumenical prayer service at the Cathedral; MCCL Pro-Life rally at the state capital; Abria Northside Pregnancy Resources; Walk for Life; Crystal Women Center and it’s Walk for Life fundraiser. In addition we now offer support and information for women who have suffered the loss of a child thru miscarriage, please contact **Monica Thibault: (612)419-3291**

E. Family Life Liaison for the Archdiocese

Chairwoman: (Open)

This person receives information from the Archdiocesan Family Life office and relays it to our parish office for insert in the bulletin or postings on the bulletin boards in our church.

F. Mothers Day Corsage/Violet Sale

Chairwoman: Mary Fauchier (763)370-4062

Beautiful orchid corsages and potted violets are sold by the CCW after all Masses on Mothers Day weekend. Please call Mary and let her know you can help!

III. Church Concerns Commission

The Church Concerns Commission is considered the heart of the commission system. It seeks to educate and support members that they might better understand their relationship with God through personal prayer, meditation, scripture reading and the spiritual benefits of Mass, retreats and days of reflection. Church communities provide opportunities for better understanding of sacramental change and liturgy. Our call to Christian service will develop further our commitment to parish work, family life, education, Ecumenical, and inter-faith opportunities.

Volunteer opportunities

A. Spiritual Ministry for the Elderly

Chairwoman: (Open)

This valuable ministry offers residents the opportunity to attend Mass once a month with Father Pedersen celebrating.

Volunteers are needed to assist the elderly to attend Mass.

B. Funeral Honor Guard

Chairwoman: Rosemary Kaisershot (763)533-2313

This group of SHCCW women attend the Funeral Mass of the deceased member of our parish. They pray the rosary in the Church before the Mass. Members are encouraged to attend the service on the evening preceding the burial and to attend the funeral.



C. Prayer Line

Sacred Heart Office (763)537-4561

This powerful ministry is there for those who are in need of prayer.



IV. Community Concerns Commission

The Community Concerns Commission can also be called the Neighbor-to-Neighbor Commission. Each of the groups listed below lends a helping hand to someone in need.

Volunteer Opportunities

A. NEAR Food Shelf

This is a simple ministry that requires little to no time and can make one person or a family so grateful. Non-perishable food for our local food shelf, NEAR, can be dropped off any time in the back of church or in the activities building. They also accept monetary donations which can be dropped in the collection basket marked NEAR. Once a month a volunteer from our parish picks up this food and delivers it to NEAR on our behalf.

B. Dinner At Your Door

Chairwoman: (Open)

Sacred Heart Church is responsible for providing 20 drivers a month for the Northwestern Suburban Dinner-At-Your-Door (DAYD) program. (16 drivers needed the first Monday of the month; 4 on the fourth Tuesday.) This non-profit program provides the elderly, handicapped, and shut-ins with a hot meal Monday-Friday. Volunteer drivers deliver the meals which are prepared at North Memorial Hospital and Crystal Community Center. As a driver you would pick up bags of hot and cold food (labeled with the recipients' names) at about 10:30 a.m., deliver them, then return the bags and route book/map to the pick-up source (Hospital or Community Center.) This takes about an hour. Special DAYD permit cards allow drivers from North Memorial to park on the street. Our drivers help the needy in a personal, concrete way.

C. Social Concerns (Social Justice)

Chairwoman: Bonnie Bolash (763)537-4955

The Social Concerns Apostolate assists the faithful of Sacred Heart Parish in fulfilling their responsibility to assist those in need through the corporal and spiritual works of mercy. Further, it assists them to fulfill their unique task as lay people "to infuse the Christian spirit into the mentality and mores, laws and structures of the communities in which they live." (CCC 2105)

V. International Concerns Commission

The aim of the International Concerns Commission is to awaken in all Christians an acceptance of their place in the whole of God's world, and to create through this commitment a love for the brotherhood of man. Respect for human life is a fundamental concern for all Christians.

Volunteer Opportunities

A. Sacred Heart Prayer Shawl Ministry

Chairwoman: Bunny Brouillard (763)537-4561

These are shawls that are knitted or crocheted saying a prayer with each stitch. These shawls are given to people in nursing homes, hospitals, expectant mothers, anyone in need of prayers and the warmth the shawls provide. If you would like to make a donation for supplies please contact Bunny.

B. Appalachian Christmas Mission Program

Chairwomen: Barb Osborne (763)521-6107
Leslie Swan (763)535-1392

The "Christmas Free Store" was established for the needy of Appalachia so that they may go in and choose gifts that are suited to their family. The CCW supports this ministry by collecting **new unwrapped** gifts, clothing, and household items for all ages which we then ship (free of charge) to the store in Kentucky. Collection boxes will be in church during the month of October. Fr. Mike Weglicki and Fr. Will Fraentzle also accept monetary donations to assist families in providing food for Christmas dinner. Please watch the bulletin for further information.

C. Baby Jesus Shower

Chairwoman: Roberta Ramsey (763)588-0358

During the month of December we collect **NEW** baby items at the church doors and in the Activities Building lobby. Cash donations are also accepted in either the collection basket on Sunday (please mark "Baby Jesus shower") or in the parish office. You may also bring items to the CCW December meeting. **The items collected are donated to the Crystal Women's Center and Abria Northside Pregnancy Resources.**



A little bit of Presidential History...

Past Sacred Heart Altar & Rosary Society Presidents

- 1912 Adelaid Boies
1922 Mrs. John Trump
1925 Ethel Osterman
1929 Mrs. L. H. Leckner
1930 Mary O'keefe
1932-34 Grace O'Reilly
1935-37 Agnes Kranz
1938-40 Mrs. Charles Duepner
 Mrs. Lawerence Fischer
 Mrs. Plisance
 Helen Roberts
 Cecelia Chouinard
 Alice Hamel
1949-52 Evelyn Purcell
1952-54 Florence Lowe
1954-56 Kathryne Aubart
1956-58 Helen Brixius
1958-59 Margaret Carlson
1959-60 Eleanor Berta
1960-61 Ruth Burke
1961-62 Helen Shaw
1962-63 Gen Darcy
1963-65 Mary Alice Hargarten
1965-66 Lorraine Nelson
1966-67 Margaret Cummings
1967-68 Idabel Stenzel
1968-69 Dorthée Bofferding
1969-70 Florence Kaster

Past Sacred Heart Women's Guild Presidents

1970-71 Mrs. B. Krogstad (Mary)
1971-72 Bonnie Miller
1972-73 Barb Ring
1973-74 Eileen Ruffenach
1974-75 Gen Darcy
1975-76 Jeanne Rose
1976-77 Louise Gacek
1977-78 Barbara Feyerisen
1978-79 Judy Gfroerer
1979-81 Beverly McLaughlin
1981-82 Joan Kuzma
1982-84 Jane Freund
1984-85 Darlene Wald
1985-86 Audrey Peterson
1986-87 Bernadette Otten
1987-90 Helen Boisclair

Past Sacred Heart Council of Catholic Women

Presidents 1990-91 Jeanne Rose
1991-92 Jeanne Rose & Marge Menth
1992-93 Lorraine Nelson
1993-94 Lorraine Nelson & Priscilla Pince
1994-96 Theresa Tatur
1996-97 Joan Varholdt
1997-99 Margaret West
1999-01 Kathleen Ross
2001-03 Carol Rusinko
2003-05 Renee Buchanan
2005-07 Paula Helgerson
2007-10 Dianne Detloff
2010-12 Julie Nelson English
2012-13 Tery Johnston-Haik

2013-15 Nancy Narr
2015-17 Barb Osborne
2017-18 Andrea DeOtis
2018-19 Maureen Stanoch
2019-22 Bonnie Bolash
2022-24 Debbie Knaeble

WOW! What an amazing history we have!