



Sacred Heart

C a t h o l i c C h u r c h

4087 West Broadway • Robbinsdale, MN 55422

Phone: 763-537-4561

Formed in His Heart, Serving with His Heart, Giving From His Heart

Saturday—Lord's Day Vigil

4:00 PM Mass of Anticipation

Sunday— The Lord's Day

8:00 AM Mass

10:00 AM Mass

11:40 AM Latin Mass

Summer Schedule:

June—August

Daily Mass Times

Monday:

8:00 AM Communion Service
followed by Lauds/Morning Prayer

Tuesday:

Vespers: 6:15 PM followed by
Mass: 6:30 PM

Wednesday — Saturday:

8:00 AM Mass
followed by Lauds/Morning Prayer

Holy Day Mass Times

Consult the bulletin

Penance and Reconciliation

Tuesday:

5:30-6:10 PM

Wednesday — Saturday:

7:40 — 7:55 AM

Saturday Afternoon:

3:00--3:45 PM Or by appointment

Eucharistic Adoration

The Sacred Heart Chapel is open for
personal prayer and adoration before
the monstrance on Thursdays from
9:00 AM — 8:30PM.

Parish Office Hours

Monday 8:30 AM — Noon

Tue.-Thurs. 8:30 AM—4:30 PM

Friday: 8:30 AM—Noon

Parish Web Site

www.shrmn.org

Parish Phone: 763-537-4561

Sacred Heart Catholic School

Pre-K through 8th grade
4050 Hubbard Avenue North
Robbinsdale, MN 55422

School Web Site

sacredheartsschoolrobbinsdale.org

School Phone: 763-537-1329

August 25, 2024



21st SUNDAY IN ORDINARY TIME

Simon Peter answered him, "Master, to whom shall we go? You
have the words of eternal life." - Jn 6:68

Parish Directory

Phone: 763-537-4561
General Email: contact@shrmn.org

Worship

Priest, Fr. Bryan J.B. Pedersen.....ext. 6240
fr.bpedersen@shrmn.org 763-285-6240
Deacon, Dr. James Ramsey.....ext. 6244
jramsey@shrmn.org 763-285-6244
Music, Jamie Schmidtext. 6287
jschmidt@shrmn.org 763-285-6287

Faith Formation

Director of Adult Faith Formation
Bunny Brouillard.....ext. 6247
bbrouillard@shrmn.org 763-285-6247
Faith Formation Associate and
Confirmation Coordinator
Morgan Leisgang.....ext. 6246
mleisgang@shrmn.org 763-2856246

Pastoral Care

Priest, Fr. Bryan J.B. Pedersen.....ext. 6240
fr.bpedersen@shrmn.org 763-285-6240
Deacon, Dr. James Ramsey.....ext. 6244
jramsey@shrmn.org 763-285-6244

Parish Administration

Bus. Admin., Mary Daugherty.....ext. 6241
mdaugherty@shrmn.org 763-285-6241
Facility Manager and Maintenance
Mark Sazama.....ext. 6245
msazama@shrmn.org 763-285-6245
Admin. Asst. Facility Sched., Bookkeeper
Audrey Gilbert.....ext. 6248
agilbert@shrmn.org 763-285-6248
Sacramental Records
Safe Environment Coordinator
Bunny Brouillard.....ext. 6247
bbrouillard@shrmn.org 763-285-6247

School

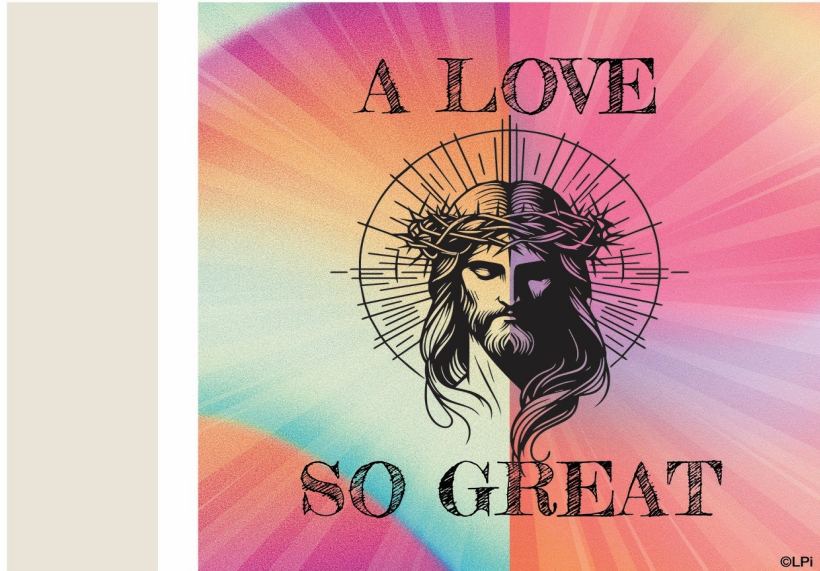
Main Office: 763-537-1329
Principal, Karen Bursey.....ext. 6255
kbursey@sacredheartschoolrobbinsdale.org
Admin. Asst. Records,
Sarah Bowback.....ext. 6257
sbowback@sacredheartschoolrobbinsdale.org

The Church of the Sacred Heart is served by the clergy of the Archdiocese of Saint Paul and Minneapolis

Priest Staff: Fr. Bryan J.B. Pedersen

Deacon: Dr. James Ramsey

Worship & Meditation



Gospel Meditation

Encourage Deeper Understanding of Scripture

The famous Russian novelist Fyodor Dostoyevsky said, “Love in action is a harsh and dreadful thing.” In the Gospel reading this week, Jesus does something harsh and dreadful — he watches his own disciples abandon him. What could possibly be loving about that?

Well, we notice the context is Jesus’ teaching about eating and drinking his body and blood. His followers hear this and say, “**This teaching is difficult; who can accept it?**” (John 6:60). We shouldn’t imagine we’d do anything different, because not even the ones who stay, like Peter, seem to understand what Jesus is saying. Then we hear this devastating line, “**Because of this many of his disciples turned back and no longer went about with him**” (John 6:66). Besides the night of the Last Supper, only now do Jesus’ disciples abandon him. And, painfully, Jesus just lets them go.

The best way to make sense out of this is love. Jesus is God’s love in action. He wants to become one with those whom He loves. He wants to love them as His own body. Yes, the oneness manifested in the Eucharist sounds harsh and dreadful because it is rooted in love which is willing to risk abandonment and separation to attain its goal: to be one body with the beloved. It is both terrifying and wonderful that Jesus will risk losing us in order to be one with us. Our response? Lord, we cannot grasp a love so great, but please help us never to abandon it, either.

— Father John Muir

Appointed Sunday Readings

21th Sunday in Ordinary Time— 8/25/24

First Reading: “Therefore we also will serve the LORD, for he is our God.” (Jos 24:18)

Psalm: Taste and see the goodness of the Lord. (Ps 34)

Second Reading: This is a great mystery, but I speak in reference to Christ and the church. (Eph 5:32)

Gospel: Simon Peter answered him, “Master, to whom shall we go? You have the words of eternal life.” (Jn 6:68)

Latin Mass Sunday Readings

13th Sunday After Pentecost

Epistle: Brethren: Walk in the spirit, and you shall not fulfill the lusts of the flesh: Galatians 5 : 16 – 24)

Gradual: It is good to confide in the Lord, rather than to have confidence in man. (Psalm 117 : 8 – 9)

“Gospel: At that time, Jesus said to His disciples: No man can serve two masters; (Matthew 6 : 24 – 33)

Appointed Daily Readings

Sunday: Jos 24:1-2a, 15-17, 18b/Ps 34:2-3, 16-17, 18-19, 20-21, 22-23 (9a)/

Eph 5:21-32 or 5:2a, 25-32/Jn 6:60-69

Monday: 2 Thes 1:1-5, 11-12/Ps 96:1-2a, 2b-3, 4-5/Mt 23:13-22

Tuesday: 2 Thes 2:1-3a, 14-17/Ps 96:10, 11-12, 13/Mt 23:23-26

Wednesday: 2 Thes 3:6-10, 16-18/Ps 128:1-2, 4-5/Mt 23:27-32

Thursday: 1 Cor 1:1-9/Ps 145:2-3, 4-5, 6-7/Mk 6:17-29

Friday: 1 Cor 1:17-25/Ps 33:1-2, 4-5, 10-11/Mt 25:1-13

Saturday: 1 Cor 1:26-31/Ps 33:12-13, 18-19, 20-21/Mt 25:14-3

Prayers of the Faithful

Please remember in your prayers:

Those Who Are Ill:

With Chronic Health Concerns:

Tom Ambrose, Brady Swenson, Andrea DeOtis, Medard Keisershot, Cody Binstock, Kelly VanSchalk, Tori Prince, Joyce Hanauska, Lorraine Nelson, Tony Bangasser

Those Serving In Our Armed Forces: Sam

Dahlgren-Castilla, Justin Rathbun, Liam Gregory, Jordan Reese, Andrew Gladitsch, Cathal & Cormac O’Connor, Lisette Knaeble, Zachary Wilhelmi, Lily Wilson, Joseph Eckman, Chase Anderson

Those Who Have Died Recently:

Administration

Stewardship-Your Commitment is Vital !

Collections for July 20 & 21, 2024 (week 3)	Dollars	# Donors
Sunday Envelope Collections	\$ 4,922.00	59
Electronic Donations	\$ 383.26	11
Plate (non envelope) Collections	\$ 723.00	
Total Collections for week 3	\$ 6,028.26	70

Year-to-date Sunday Collections

	This Year	Last Year	(Behind)
Actual versus last year July 21, 2024 (week 3)	\$ 74,041	\$ 74,494	(\$453)
	This Year	Budget	(Behind)
Actual versus Budget July 21, 2024 (week 3)	\$ 74,041	\$ 81,442	(7,401)

Special Announcement

Tuesday, August 27th is the last Tuesday for Mass at 6:30pm. We will return to regular 8:00am Mass on Tuesday on September 3, 2024.

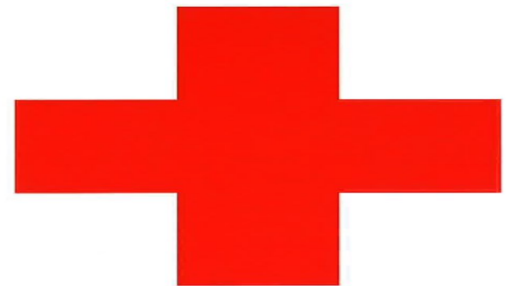
Fun Fest

Fun Fest raffle tickets have been mailed. Volunteers are needed to help make this year’s Fun Fest a success. See flyer on inside back cover for QR code and/or link to access on-line volunteer sign-up. In addition, the following donations are requested and greatly appreciated:

1. New bottles of everything and anything you can think of from bubbles, shampoo, conditioner and cleaning supplies to soda/pop, water, Gatorade, wine, spirits, beauty products, ketchup, salad dressings, jam/jellies, steak sauce, etc.
2. Cakes, pies and/or other baked goods for Cake Walk Game
3. Gift cards or cash for regular bingo and/or Kids’ Games

Blood Drive

Give blood.
Every 2 seconds someone
in the U.S. needs blood.
American Red Cross



Blood Drive Sacred Heart Catholic Church

Gym
4087 W Broadway
Robbinsdale, MN 55422

**Friday, August 30, 2024
12:00 p.m. to 5:00 p.m.**

Please call 1-800-RED CROSS (1-800-733-2767) or visit RedCrossBlood.org and enter: SHRobbins to schedule an appointment.



Donors needed! Come give blood in August for \$20 Amazon.com Gift Card by email. See redblood.org/Help



Sacred Heart Catholic School

Sacred Heart

August 18, 2024

We have a few available spots in our 3 and 4 year old preschool program.



The graphic features the Sacred Heart Catholic School logo on the left, with the text 'SACRED HEART CATHOLIC SCHOOL' in red and gold. Below it, 'PRE-K' is written in large, blue, bubbly letters. To the right is a photograph of children playing on a colorful playground slide. The background is dark blue with colorful stars and dots. Text on the graphic includes: 'Come see why Sun Post Reader's voted Sacred Heart Best PreK in Robbinsdale!', 'Full and part time options for 3-5 year olds', 'CALL TODAY 763-537-1329', and the website 'sacredheartschoolrobbinsdale.org'. A 'SUN POST READERS' CHOICE' award logo is also present.

School Events:

August 28 Back to School Day 3:30-5:30 pm Stop in the classrooms to meet the teachers and drop off school supplies. Find out more information regarding extra-curriculars and events. Food provided by the Knights of Columbus 4:00-6:00 pm.

Tuesday, September 3 First Day of School Students arrive between 7:15-7:20 am. Students enter the building at 7:20 a.m. We can't wait to see everyone!

Interested in coaching at Sacred Heart?

We are looking for basketball coaches for the boys and girls. Please email Seth Wilhelm if you are interested. swilhelm@shcsr.org

Set up a Tour and Explore our PreK-8th grade program at Sacred Heart

We are scheduling personalized tours this summer. We have openings in our PreK program for 3 and 4 year olds, along with grades K-8. Come in and explore our Believe and Read program that focuses on the Orton-Gillingham instructional methods. Learn how our integrated faith lessons combined with our C-STEM program enrich our academic program each day. We are preparing our students for 21st Century skills called the 4 C's: Creativity, Critical Thinking, Collaboration, and Communication. Call the school office to schedule a tour, 763.537.1329.

To Join Sacred Heart Parish

If you are new to our community, or have been attending Mass here but have not yet joined Sacred Heart call 763-537-4561 or stop in the parish office to register.

Sacrament of Initiation — RCIA (Rite of Christian Initiation for Adults)

To join the Catholic Church call Bunny Brouillard in the Parish Office.

Sacrament of Baptism for Infants and Children (RCIC)

Baptism for Infants and young Children is celebrated on the first & third Sundays of the month at 1 PM. Pre-Baptism Class meets on the second Tuesday of the month at 7 PM. To make arrangements call Bunny Brouillard in the Parish Office.

Sacrament of Confirmation

If you are in High School or an Adult who has yet to receive Confirmation contact Bunny Brouillard in the Parish Office to make arrangements.

Sacrament of Holy Communion

If you or your child have not yet made your First Holy Communion contact Bunny Brouillard. If you are shut in and would like to receive Holy Communion contact Deacon Ramsey to make arrangements

Sacrament of Penance

See the schedule for confessions or contact Fr. Pedersen to make an appointment. To receive instruction on making a first confession contact the Parish Office.

Sacrament of Anointing

To make arrangements to receive the Sacrament of the Sick or Last Rites contact the Parish Office.

Sacrament of Marriage

Registered Parishioners should call Father Pedersen or Deacon Ramsey at least 8 months in advance of the wedding date to make arrangements.

Sacrament of Holy Orders

Catholic Men contact Fr. Pedersen or Deacon Ramsey for more information on joining the Diaconate or Priesthood.

Religious Education

For students grades 1—10. Meets Wed. evening 6:30pm—7:45pm, Oct. through April. Please call Morgan Leisgang in the Parish Office.

Mass Intentions

****This Schedule is subject to change****

August

Sun. 25 8:00 AM Scott Buchanan+
10:00 AM Parishioners
Latin 11:40 AM Roberta Garcia-Carbarin
Mon. 26 8:00 AM Communion Service
Tues. 27 6:30 PM Michael Murry+
Wed. 28 8:00 AM Michael Murry+
Thu. 29 8:00 AM Jordan Curry+
Fri. 30 8:00 AM Jeanne Rose+
Sat. 31 8:00 AM SHCCW Members
 (Living and Deased)
4:00PM Morgan & Ryan Leisgang

September

Sun. 1 8:00 AM Philip Andrezejek+
10:00 AM Parishioner

Chapel Open for Prayer:

- Monday: 8:30am-12:30pm
- Tues.-Wed.:8:30am-4:30pm
- Friday: 8:30am-12:30pm

Confessions

Tuesdays 5:30-6:00pm
 Daily Wednesday-Saturday 7:40-7:55am
 Saturdays 3:00-3:45pm

Thursday Eucharistic Adoration

Parish Prayer Line

To be placed on the prayer line call the Parish Office 763-537-4561. You can also send in your request via e-mail: cshadmin@shrmn.org



Pre-Baptism Classes

PRE-BAPTISM CLASSES

Pre-Baptism Classes are offered at Sacred Heart on the Second Tuesday of the month. All parents are required to attend a pre-baptism class before the Baptism of their first child or if it has been over three years since they last attended a pre-baptism class. Our next scheduled session is **Tuesday September 10 at 7pm** in the Activities Building. If you plan to attend this session, please call the Parish Office at 763-537-4561.



NEAR

2024; NEAR food shelf addressed food insecurity through

	May	June
Client Visits (households):	459	418
Food Distributed (pounds):	51,484	45,424



Survived 25 Club

AUGUST ANNIVERSARY CONGRATULATIONS



Please keep the following couples and their intentions in your prayers:

- Dave & Diane Vos 67 years**
- Andy & Carol Rusinko 56 years**
- Jim & Barb Jacobs 55 years**
- Dave & Karen Krussow 52 years**
- Jim & Trish Skaja 52 years**
- Art & Marilyn Zenzen 52 years**
- Dennis & Rita Hoemberg 50 years**
- Tom & Sandy Hammrich 49 years**
- Bill & Teri Blonigan 49 years**
- Rollie & Bunny Brouillard 49 years**
- Don & Nancy Narr 45 years**
- Brian & Lea Anderson 45 years**
- Rick & Kathryn Riley 44 years**
- Pete & Debby Krych 44 years**
- Tom & Maureen Stanoch 44 years**
- Thomas & Rhonda Kuchinski 31 years**

May God continue to bless you and keep you strong in your vocation of marriage!

These amazing marriages are being brought to you by the "Survived 25 Club".

If you would like your marriage of 25 years or more recognized please call Anne Hedlund 763-535-4275 or Laurel Murry 763-535-4101.

"Lord, we know how important marriage is to you.

You have given us so many examples in Scripture of holy married couples.

ACCW “Morning of Reflection Retreat”

Saturday, September 7, 2024, 8:00 AM to 12:30 PM Holy Childhood Catholic Church, 1436 Midway Parkway, St. Paul; \$25 before 8-27-2024 & after \$30

To register online www.archspm.org/accwmor2024 or mail check to ACCW, 777 Forest St., St Paul, 55106

Schedule for ACCW Morning of Reflection Retreat:

8:15am	Registration/refreshments
9:15am	Welcome & Decade of Rosary
9:30am	Fr. James Peterson, “Spirituality and You!”
10:30am	Chris Heiderscheidt, “Leadership, Service and YOU!”
11:15am	Break
11:45am	Mass

Respect Life

Calling all GOLF LOVERS

10th Annual CWC 100 Hole Challenge

Monday, September 9, 2024, 7:00am – 8:00pm

Rush Creek Golf Club

7801 County Road 101, Maple Grove, MN 55311

Partner with Crystal Women’s Center (aka RWC) in its mission to save lives by offering free pregnancy care services to women and couples facing an unplanned pregnancy.

As a golfer, you’ll get your own online fundraising page where you can collect donations from friends, family, coworkers, church members, etc.

<https://rwcinfo.org/event/100-hole-golf-challenge/>

or Paul Kratoska, Golf Coordinator golf@rwcmail.org or 763-999-6714

The day of the event, golf as many holes as you’d like, up to 100+ holes! All the money raised goes to support CWC’s free services, empowering more women to choose life for their unborn baby.

ITINERARY

Check-in at 7:00 AM, Shotgun start 7:45 AM, Lunch 11:30 AM, Social Hour 6:00 PM

Awards Banquet 7:00 PM

Since 1992, 4487 babies saved (6 per week); 1800 women and men served yearly!

News from Other Sources

The Healthcare Advocacy & Leadership Organization (HALO) presents:

DEAD? OR JUST DEAD ENOUGH?

You are invited to spend an evening with two extraordinary advocates for the rights and lives of medically vulnerable people. Discover secret ways the “healthcare” culture of death can rob us of years of life. Learn how to make healthcare decisions that respect and protect God’s gift of life.

Date and time:
September 5, 2024
6:30 PM, followed by Q & A

**Location: Marian Hall,
St. Raphael Catholic Church
7301 Bass Lake Rd, Minneapolis**

SPEAKERS

Paul A. Byrne, MD
HOW TO PROTECT YOUR LIFE WHEN ASKED,
“DO YOU WANT TO BE AN ORGAN DONOR?”



Dr. Byrne is Clinical Professor of Pediatrics at University of Toledo, President of Life Guardian Foundation, and Past-President of the Catholic Medical Association (USA). He was invited to present at the Pontifical Academy of Sciences (Vatican City). He has defended and protected the lives of many patients who were diagnosed as “brain dead.” Paul was married to Shirley for 48 years until she passed away in 2005. They are blessed with 12 children, 36 grandchildren, and 7 great-grandchildren.

Elizabeth Graham
EUTHANASIA –
THIS HAPPENS TO REAL PEOPLE



Elizabeth served 25 years in the life advocacy movement filling numerous roles, including media spokeswoman and patient advocate. She aided countless families whose ailing loved ones faced difficult medical ethics decisions and the “medical futility” process at Texas hospitals. Born and raised in Kansas City, Elizabeth graduated from Rockhurst University there. She resides in Houston where she moved in 1994 to pursue graduate studies at the University of St. Thomas.

RSVP: Email julie@halovoice.org with your name, mailing address, and number in your party; or call (888) 221-4256 to reserve your spot.

Calendar of Events

Sunday, August 25 21st Sunday in Ordinary Time

- 7:30 AM Rosary Prayed
- 8:00 AM Mass: Fr. Pedersen
- 9:00 AM Coffee & Donuts
- 10:00 AM Mass: Fr. Pedersen
- 11:00 AM Coffee & Donuts
- 11:40 AM Latin Mass: Fr. Pedersen

Monday, August 26– St. Zephyrinus. 217 (Trad)

- 8:00 AM Communion Service

Tuesday, August 27–St. Joseph Calasanctius, 1648(Trad)

- 5:30 PM Penance
- 6:30 PM Mass: Fr. Pedersen

Wednesday, August 28– St. Hernes(Trad)

- 7:35 AM Rosary Prayed
- 7:40 AM Penance till 7:55 AM
- 8:00 AM Mass: Fr. Pedersen
- 3:30 PM Back to School Day 3:30-5:30
- 6:30 PM St Joseph Men’s Group

Thursday, August 29– St. Sabina, 127(Trad.)

- 7:40 AM Confessions till 7:55 AM
- 8:00 AM Mass: Fr. Pedersen
- Morning Prayer to follow Mass
- 5:30 PM Latin Mass: Fr. Pedersen

Friday, August 30–Sts. Felix & Adactus (Trad.)

- 7:40 AM Confessions till 7:55 AM
- 8:00 AM Mass: Fr. Pedersen
- Morning Prayer to follow Mass
- 11:00 AM Blood Drive till 6pm

Saturday, August 31– St. Raymond Nonnatus,1240 (Trad.)

- 7:40 AM Confessions till 7:55 AM
- 8:00 AM Mass: Fr. Pedersen
- Morning Prayer to follow Mass
- 9:00 AM Conditional Baptism and Confirmation for Justin Swanson
- 3:00 PM Penance
- 4:00 PM Mass: Fr. Pedersen

Sunday, September 1 22nd Sunday in Ordinary Time

- 7:40 AM Penance
- 8:00 AM Mass: Fr. Pedersen
- 10:00 AM Mass: Fr. Pedersen
- 11:40 AM Latin Mass: Fr. Pedersen

Like and Follow the Church of the Sacred Heart on Facebook
<https://www.facebook.com/shrobbinsdale/>



COME & JOIN US FOR OUR

ANNUAL FUN FEST



SATURDAY,
SEPTEMBER 14

AT THE CHURCH OF
THE SACRED
HEART

2:00PM - 10:30PM



FREE ENTRY



Purse Bingo, Food & Beverages, Live
Music from 45rpm, Games & Kids
Inflatables, Bingo, Pull Tabs, Bottle Bash
Game and Sweepstakes Drawing!



For more information:
www.shrmn.org

To Sign Up to Volunteer
Follow link below or scan
QR code:
<https://signup.com/go/EavZwrL>

From the Pastor – August 21, 2024

We bid an official farewell to Matt Kruc who has been the Director of Youth Ministry at Sacred Heart for the past nine years. Back in the summer of 2015, I reached out to Morgan Timmerman, then a student at the University of Mary in Bismarck, North Dakota to see if she would assist me and Jim Lang, who was departing our staff and moving into the field of information and technology to conduct some interviews for a new director of Youth and Young Adult ministry. I remember several things from that interview with Matt Kruc, first, he had been working in special education with a public school district, second, he was a graduate of the University of Northwestern - St. Paul, which since 1972 utilizes the Campus known as Nazareth Hall in the shores of Little Lake Johanna in Roseville and Lake Johanna in Arden Hills, and had been the former Preparatory Seminary of the Archdiocese of St. Paul and Minneapolis, third, his uncle was a Franciscan Brother of Peace in St. Paul, fourth he had longer blonde hair with tight curls, and fifth, he drove a motorcycle. He did well in the interview process and had an easy manner. He was one of our favorite candidates that we interviewed.

However, we initially offered the position to another person, Maria, who had some experience in the Youth Ministry Program at St. Michael in St. Michael, Minnesota. Just before Maria was set to start, she contacted me and resigned over doubts regarding her life path. She was discerning between joining the working world of ministry or doing missionary work. At the time I wondered what to do next, and quickly decided to offer our other top candidate from the interview process, Matt Kruc, the position. I was hoping that he might still be interested, and thankfully he was, leading to a nine-year run as our youth minister. What a blessing it all turned out to be especially for the youth at Sacred Heart Catholic Church and School.

Matt has been instrumental in growing our youth ministry program for our middle school and high school students. He has had a significant impact on the faith formation of our Sacred Heart School students and parishioner families through various youth group after school and evening events, as well as coordinating the Confirmation program at Sacred Heart for eight years. He has also been a driving force in ensuring youth at Sacred Heart have participated in Extreme Faith Camp, with this summer's attendance topping thirty, including middle school attendees and high school team leaders. This past summer that camp took place for the first time at the beautiful Trinity Woods Catholic Retreat Center. This location with 700 acres (about the area of Central Park in New York City) including two lakes, a river, and high-quality facilities location in Wisconsin (Trinity Woods Catholic Retreat Center). I remember early in his tenure when the number of participants in this summer camp from Sacred Heart was less than ten. Moving from less than ten participants to over thirty is a sign of the hard work he has put in. In addition, many other events and activities happened during his tenure, but most importantly Matt helped the youth of Sacred Heart grow in their relationships with the Lord, especially through Eucharistic Adoration.

Within the last several years, Matt also became a firefighter with the Fridley Fire Department, which due to its part-time capacity allowed Matt to continue work at Sacred Heart. In May of 2023 he was married here at Sacred Heart. At the end, the of last summer he took a new job as a full-time firefighter with the St. Cloud Fire Department. Over the course of the last several months he continued in a part-time capacity here at Sacred Heart which culminated in his leading Sacred Heart's participation in Extreme Faith Camp at its new home. Matt will definitely be missed here at Sacred Heart, and we wish him the very best!

Yours in the Sacred Heart of Jesus,

Fr. Bryan J.B. Pedersen
Fr. Bryan J.B. Pedersen
Pastor

Growing in FAITH™

Discovering hope and joy in the Catholic faith.

August 2024

Sacred Heart Church
Robbinsdale MN.

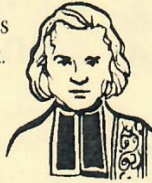
One Minute Meditations

St. John Vianney

Difficulties with his studies almost cost St.

John Vianney the priesthood.

Ordained because of his goodness, he had a gift for reading souls. As the Curé (pastor) of Ars, France, he was confronted with people who were indifferent to Christ and comfortable in their lifestyles. To remedy this, he spent many hours fasting and praying. He spent as many as sixteen hours a day hearing confessions. His spiritual insight and good example reclaimed thousands of lapsed Catholics.



Don't avoid the fight

The ongoing battle for holiness can wear us down. The truth is that even if we fall a thousand times, we fight with Christ by our side. The effort pleases Him more than an easy and comfortable victory. He reminds us: Everyone who wants to be His disciple must take up their cross and follow Him.

"God dwells in our midst, in the Blessed Sacrament of the altar."
St. Maximilian Kolbe



Savor the fullness of Scripture

"To get the full flavor of an herb, it must be pressed between the fingers; so it is the same with the Scriptures.

If you want to get the full flavor of the

Scriptures, crush them by reading and meditation."

St. John

Chrysostom.

Immerse yourself in God's Word to grow in holiness in this life and be happy in the next. Here's how:

Get a Catholic Bible: Ensure you have a Catholic Bible, which contains all the inspired books. The Revised Standard Version, Catholic Edition (RSVce) is an excellent choice, offering clear translations and helpful footnotes. It's also available online.

Read and listen: The Holy Spirit is

the ultimate guide to understanding Scripture. Pray for His guidance (John 16:13) and pay attention when a verse or word stands out to you.

Reflect on these moments as they often serve as conversation starters with God in prayer.

Savor slowly: Praying with Scripture is like enjoying a fine meal. Take it slowly, savoring small portions to fully appreciate its richness. Choose a random or favorite verse and meditate on it deeply.

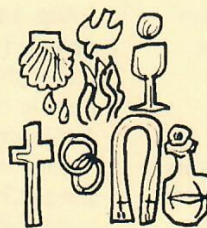
Keep a record: It's not necessary to journal daily, but keeping a regular prayer journal helps document lessons, thoughts, and Bible verses that strike you from your time in prayer. This "oasis" can be a source of encouragement during tough times.



Why Do Catholics Do That?

Why do Catholics have seven Sacraments?

Sacraments are "efficacious signs, instituted by Christ and entrusted to the Church" to convey grace (*Catechism of the Catholic Church*). Grace is a share in God's divine life. Just as food, rest, and medicine maintain our bodies, the Sacraments maintain our

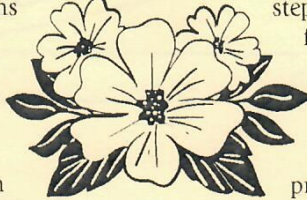


souls. The number of Sacraments was fixed at seven by the Council of Trent on March 3, 1547. These are Baptism, Confirmation, Eucharist, Confession, Holy Orders, Matrimony, and Anointing of the Sick. Each has its roots in the New Testament Scriptures.

Use distractions to reconnect with God

The strain of a busy life can distract us from making holiness our focus. Yet, we have no hope of achieving holiness or true happiness unless God remains our focus. Pope Francis reminds us, "If the events of our life... risk suffocating the gift of prayer within us, it is enough to contemplate a starry sky, a sunset, a flower, to reignite the spark of thanksgiving." Use moments of distraction as opportunities to reconnect with God.

Combat tunnel vision: When confronted with a



problem, it's okay to pause and troubleshoot. If discouragement dominates your thoughts and prayers, step outside yourself. Go for a walk, chat with a friend, read a psalm, or pray for the souls in Purgatory. These actions can help shift your focus and renew your perspective.

Cultivate holy wonder: Appreciating the beauty of creation can be a natural gateway to prayer. Stroll through a park, admire the flowers, or listen to the birds and the wind. Such beauty often reconnects us to God when words fail.

from Scripture

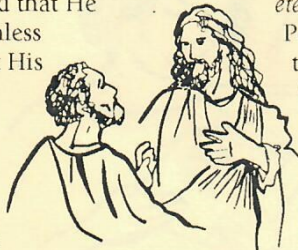
John 6:60-69, Live-giving truth

The sixth chapter of St. John's Gospel is foundational for Catholic understanding of the Eucharist. In this reading, Jesus declared that He is the Bread of Life and unless we eat His flesh and drink His blood, we will not have eternal life.

Jewish dietary laws strictly prohibited the consumption of blood, making Jesus' offer of His own shocking and offensive. His listeners failed to see beyond the graphic interpretation of His words and many abandoned Him.

Even the Apostles were troubled by this teaching. Yet, when Jesus asked if

they too would leave, Peter spoke for the group, saying, "Master, to whom shall we go? You have the words of eternal life" (John 6:68).



Peter recognized the divine truth and life-giving power in Jesus' teachings, despite their challenging nature.

As followers of Christ, we are reminded to echo Peter's words:

"Master, you have the words of eternal life." This chapter not only emphasizes the importance of the Eucharist in Catholic faith but also highlights the need for trust and faith in Jesus' teachings, even when they are hard to understand.

Q & A How do saints pray?

What do "holy people's" prayers sound like? We imagine sublime and poetic musings on God's perfection. In fact, the saints, while very holy, are also human and intimate with God. Here's a brief glimpse into some saintly prayers to inspire your own:

"If this is how you treat your friends, no wonder you have so few!" St. Teresa of Avila uttered this humorous phrase after being



thrown from her cart into the mud. It reflects her candid and down-to-earth relationship with God.

"Beware of Philip, Lord. He may yet betray you." St. Philip Neri, known for his wisdom, humor, and impulsive nature, knew his own weaknesses.

Rather than make excuses for himself, he confessed his errors and asked for increased graces to remain faithful to God.

"Jesus, may I put on a good face!" This prayer was recommended by St. Josemaría Escrivá to someone tasked with an "unpleasant and repulsive" chore. St. Josemaría said that sometimes the hardest cross can be fulfilling our toughest responsibilities with "a good face."

Feasts & Celebrations

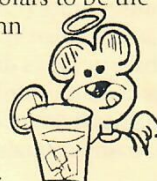
August 12 - St. Jane Frances de Chantal (1641). Born wealthy in Dijon, France, Jane married the Baron de Chantal and had four children. Widowed after only seven years, she founded the Order of the Visitation with St. Francis de Sales, for those unable to enter a convent.

August 15 - Solemnity of the Assumption. Declared a dogma of faith in 1950 by Pope Pius XII, this celebrates Mary's being taken up into Heaven body and soul at the end of her life. Today is a holy

day of obligation.

August 19 - St. John Eudes (1680). Born on a farm in Normandy, France, John became a priest and parish missionary. He founded the Congregation of Jesus and Mary (Eudists) in 1643 to promote devotion to the Sacred and Immaculate Hearts.

Aug. 24 - St. Bartholomew the Apostle (1st Century). Bartholomew is thought by some scholars to be the Apostle, Nathanael (John 1:46). After Jesus's Ascension, Nathanael spread Christianity to India and Armenia, where he was martyred.



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